

Following is a poem written by Effie Lewin in March 2023.

WALKING WITH ED

Walking with Ed is always a treat.
Ed's like a shepherd and we are the sheep.
We go many places and Ed guides our path.
It's 3 or 5 miles - so you do the math.
Ed's really smart and he teaches us lots
about trees, about flowers and interesting spots.
We don't walk too fast and Ed sets the pace.
It's a peasant experience and not like a race.
There is only one issue when walking with Ed.
Ed may take a tumble and land on his head.
Ed falls and then tells us it hasn't mattered
and we are so worried there's bones that have shattered.
But so far, and thank God, when Ed hits the ground
that street workers and fireman are sometimes around.
It happens so quickly when Ed hits the dirt
and then we all ask him "where does it hurt?"
Then Ed just gets up and we finish the walk
as if nothing has happened we continue to talk.
Yes – walking with Ed is really a treat
and now let's all pray that Ed stays on his feet!!