

INDIANAPOLIS HIKING CLUB

If you like to hike, love nature, want to stay fit, want life long friendships, like to travel, love adventure, love history, and want to be part of a club celebrating over 50 years of passion and the opportunity to hike over 2,000 times a year ...then the Indianapolis Hiking Club is for you!

...Come take a closer look at what might be the best first day of the rest of your life. Learn more about us. Better yet, review our hike schedule on our website. Join us on a hike as a guest. Everyone 18 years of age or older is welcome, no invitation is necessary and there is no fee, but please no pets.

We hope to see you soon!

www.indyhike.org



**WOULD YOU LIKE TO MAKE 700
NEW FRIENDS AND HAVE 2,000
CHANCES TO HIKE WITH THEM?**



If you really enjoy walking and hiking, you owe it to yourself to check out the
Indianapolis Hiking Club

There is a hike for everyone!

www.indyhike.org

ABOUT THE INDIANAPOLIS HIKING CLUB

A BRIEF HISTORY

The Indianapolis Hiking Club was formed on January 23, 1957 by a group of Hoosiers who liked to hike and work on conservation projects, like the completion of the 22 mile Yellowwood Trail in Brown County. In the first year membership grew to 82. The constitution the founders adopted stated the Club's purpose was "To encourage a love of nature through the promotion of outdoor recreation in the form of hikes and outings, and to sponsor other activities incidental to the foregoing". The Indianapolis Hiking Club, which celebrated its Golden Anniversary in 2007, has grown and evolved through the years, but has always remained faithful to the goals of the founding members.

THE CLUB TODAY

Indianapolis Hiking Club has over 700 members, making us one of the largest and most active hiking organizations in the country.

HIKES

Hikes are scheduled every day of the year. In a typical week 40 hikes are offered including morning, afternoon, and evening choices on most days and a variety of moderate and long-distance options every weekend.

In a typical year, the club visits most Indiana state parks and state forests; the Hoosier National Forest, the Knobstone Trail, nature conservatories and numerous rural communities. Many overnight trips have been sponsored, including Niagara Falls area, the Great Smoky Mountains National Park, Tucson Arizona, Springfield and New Salem Illinois, and Cumberland Falls State Park in southeastern Kentucky. There have also been adventure hikes in the western areas of the country, and throughout Europe. Many theme hikes are also offered, including wildflowers, bird watching, monuments, concerts, restaurants, flower gardens, and opportunities to learn more about the geography, geology and history of our great state.

HOW TO BECOME A MEMBER

- Be at least 18 years of age
- Hike with the club on two occasions as a guest
- Go to: www.indyhike.org to download an application

HIKING TIPS

No pets are allowed

-If you have not hiked with the club before and do not have a regular exercise routine, we suggest you try a moderate speed (2.5-3.5 mph) and distance (5-7 miles) in-town hike first and work up to the faster, longer hikes.

-Wear suitable clothing and shoes. Above ankle hiking boots are recommended for rugged hikes, off-trail hikes, stream crossings, rocky trails and mud/snow conditions. Hiking sticks may prove handy on some hikes.

-Water is always recommended

-You are responsible for any minor guests you bring on the hike.



www.indyhike.org

