



The Indianapolis Hiking Club

www.indyhike.org

Happiness - A Step at a Time



SCHEDULE FOR AUGUST AND SEPTEMBER 2022

(Please – no pets except on designated pet hikes)

Celebrating 65 Years of Sponsoring Hikes and Outings

	<u>TERRAIN</u>	<u>SURFACE</u>		<u>SPEED</u>
H (Hilly)	Continuously	NS (Natural)	Primarily Soft	Walking Speed in MPH,
M (Mixed)	Hilly & Flat	HS (Hard)	Packed Dirt or Gravel	not including breaks
F (Flat)	Few Hills	PS (Paved)	Concrete or Blacktop	(e.g., 3.0 is 20 min/mile)

Guests are welcome on all hikes - no fee. Hikers should arrive at the meeting location at least 10 minutes early, which will enable the leader to complete sign-ups and start the hike on time. Interested in leading a hike? Contact Pathfinders: Jean Ballinger (317-696-2120) jeanballinger77@gmail.com for weekend hikes or Ed Wright (317-445-5646) ewright@indyhike.org for weekdays. A reference at the end of a hike description in the following format (Map #24) indicates that you can access a Google map pointing to the hike meeting location at www.indyhike.org/locations.shtml.

HEAT RELATED CANCELLATIONS: During June and July we have had an unprecedented number of hike cancellations or relocations to a mall because of record heat and humidity. Please be aware that these may continue during August. Cherie Voege and Glee Crowder are prepared to add Fashion Mall and Greenwood Mall hikes to the weekday schedule whenever there is a high heat and humidity forecast. Decisions will be made on Saturday about which hikes to add for the following week based on the upcoming weekly weather forecast. Broadcast Google Groups emails will be sent to all members announcing any new mall hikes. Hike leaders of already scheduled hikes can then make their own decision about whether to cancel their hike or to refer them to one of the mall hikes. Please inform the Web Master, Ed Wright, at ewright@indyhike.org as soon as you make the decision to cancel or relocate your hike so the website may be updated.

GENERAL ASSEMBLY: On Thursday September 8 we will have the Club's first General Assembly in three years. If you recall, due to the pandemic in 2020 and 2021 we cancelled the Club's annual meeting and voted for officers by email. This year we will once again meet in person as the Club Constitution stipulates. All members are encouraged to attend. Here is your one chance during the year to meet and greet all of the new and returning Board members who make our great club work. We will have refreshments provided by members of the Board prior to the meeting. In addition to the election of 2023 Officers we will listen to a wonderful guest speaker. Check the write-up in this schedule on September 8 for start time and directions to the meeting.

ITEMS OF NOTE IN THIS SCHEDULE: Book Club hikes have been scheduled by Susan Fox on Saturday, August 27 and by Marti Burton on Friday, September 23. On Saturday, August 6 June Sergi will be leading a hike that ends up at the Carmel Farmers Market. Theresa Ray has scheduled two Morgan Monroe Training hikes on Tuesday, August 9 & 23 to help you prepare for Scott Beam's 28 mile Knobstone Trail hike (done in three sections) on September 17. Konnie Schlechte has 1 Hike for Ice Cream hikes scheduled on Sunday, August 14 and Friday, September 2. West Side of Eagle Creek Park hikes are on the schedule on Wednesday, August 17 by Marti Burton and on Saturday, September 24 by Terry Roesch. A unique Underground Indy (tickets required) hike is scheduled for Friday, September 17 led by Mervyn Cohen. Finally, morning and afternoon hikes at McCormick's Creek SP have been scheduled on Sunday, September 25 by Ari Shifron (new member) and Cheryl Smolecki. Also, you might want to try new hikes on our weekday schedule led by recent members Barb and Mike Cicholski, Annie Falvey and Karen LeClerc. Please check the write-ups in this schedule on the appropriate dates for complete details.

PRESIDENT'S CORNER: Reflecting on a wonderful Summer Picnic gathering of over 100 members and guests I'd like to thank all our "unsung" heroes. A big shout out to our social director, Pat Lawler, who organized the event including the annual school supply drive. Thanks to board members who helped with the set up, chicken pick up, etc, Kudos to our three hike leaders who helped us work up an appetite and to all

those who helped make clean up a quick task. If you were unable to make the picnic but still want to contribute to the school supply drive, please note Eagle Creek Park has 4 drop off locations: Earth Discovery Center (inside the park - open Mon-Sat from 10 am-5 pm and Sun 1pm -5 pm), Eagle Creek Park Office (7840 W. 56th St. - open Mon-Fri from 9am-5pm) and both Eagle Creek Park Gates (56th St & 71st St - when attendant is on duty).

Thanks to all our members/hike leaders for being flexible as hikes have been cancelled due to high temps or moved to inside mall locations. Hopefully, the 90+ degree days are behind us but typically we'll continue to hike in 80+ temps throughout August. Please keep in mind the following hydration reminders so we can continue to be safe.

Water is your best friend: Exercising in summer heat will deplete the body of sodium and water very quickly. A good general recommendation is about one half-liter of water per hour of moderate activity in moderate temperatures. You may need to increase how much you drink as the temperature and intensity of the activity rise. For example, strenuous hiking in high heat may require that you drink one liter of water or more per hour.

Drink often: Drinking at shorter intervals is more effective than drinking large amounts infrequently.

Don't forget to snack: When you sweat, you lose electrolytes, which can sap your energy. If your activity lasts longer than an hour it's important to compensate for the loss. Snack foods with sodium and potassium can help, as will foods with calcium and magnesium. For an extended, high-intensity activity, also consider bringing an electrolyte replacement sports drink.

Drink more at altitude:

Doing any activity at higher altitude can lead to dehydration. You're less likely to crave water and feel thirsty at higher elevations, so it's important to drink frequently.

Know your limits: Listen to your body. If you begin to feel dizzy, nauseous, or tired, give yourself a break.

Rehydrate: Drinking water after exercise gets your fluid levels back to normal and can help with recovery. Another great recovery drink is low-fat chocolate milk which has been shown to have the perfect mix of carbs and protein to restore fluid and electrolyte loss.

Be Safe. Hydrate.

Happy Hiking All!
Lori Showley
President, Indianapolis Hiking Club

HIKE SCHEDULE:

Monday, August 1

8:00 AM BEAT THE HEAT IN AVON Get your exercise done early on this 5-mile walk on the newest section of the paved White Lick Creek trail in Avon Washington Township Park. Walk at your own pace on a trail that meanders along the creek and ends at CR100N. Meet in the small parking lot on the north side of CR100S. An approximate address is 6121 E CR100S. From I-465 W, exit on US 36 (Rockville Rd) and travel west past the Town Hall about 7.5 miles to CR625E. Turn left and travel to the next intersection. Take a right onto CR100S, and turn right (before crossing bridge) at the almost hidden entrance to a small gravel parking lot. Hike repeats on Monday, August 8. Bathrooms available. (F,P) Leader: Terry Roesch (317-910-2943 cell)

9:00 AM MORNING CONSTITUTIONAL Meet in Eagle Creek Park (fee) at lot just inside 56th St entrance just west of the Colts facility for a brisk 6-mile road hike. Repeats on Monday, September 5. (Map #40) (M,PS,3.5) Leader: Kate Curtiss (317-247-0283)

- 9:15 AM SOUTHPORT PARK Meet at 6901 Derbyshire Rd behind the former Southport Police Station for an 8-mile hike. Hike repeats each Monday in August and September. (F,NS/PS,3) Leader: Glee Crowder (317-859-8159)
- 9:30 AM TOWPATH, BUTLER UNIVERSITY AND ROCKY RIPPLE Join us for a walk the canal tow path, Butler University campus and the quaint town of Rocky Ripple. From Meridian St, turn west on 56th St and drive two blocks; park on either side of Kenwood, but not in the parking lots. Restroom available at Starbucks on 56 St. Walk will have 3, 4 and 5 mile options. Hike repeats on Labor day, September 5. (F,PS/HS/NS,2.5-3) Leader: Ed Wright (317-445-5646)
- 5:00 PM GREENWOOD MALL - MONDAY AFTERNOON Meet to signup at the food court at 5:00 pm; otherwise look for the leader during the hike (she will have the signup sheet with her). Self guided hike of up to 6 miles with shorter options between the hours of 5-7 pm. If the weather is nice we may walk outside. Hike repeats every Monday in August and September. (F,PS) Leader: Glee Crowder (317-859-8159)
- 6:00 PM EXPLORE FISHERS IN THE EVENING Meet in Geist Coffee parking lot at the northwest corner of Fall Creek Rd and Brooks School Rd for a 6-8 mile hike through scenic neighborhoods. Hike repeats each Monday evening in August and September. (Map #25)(F,PS,3.5) Leader: Rick Braun (317-679-2972)
- 6:00 PM BROAD RIPPLE EVENING HIKE Meet at the Broad Ripple Methodist Church at 6135 Guliford Ave for a hike of 5-6 miles. Hike repeats every Monday in August and September. (Map #65) (F,PS/NS,3-3.5) Leaders: Mary Bruss (317-308-0182), Sandra Kleber and Rick Kinnaman (317-407-9746)

Tuesday, August 2

- 9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL This is a 1-12 mile self-guided hike (most people do 5-8 miles) on the Monon Trail. From the intersection of 116th St and Westfield Blvd/Rangeline Rd in Carmel go south to Central Park Dr (first intersection on right). Turn right (west) on Central Park Dr and go to the parking lot at the end. Meet in the north end of the parking lot close to the Monon trail. Hike repeats every Tuesday in August and September. (Map #51) (F,PS) Leader: Jo Anne Starzyk (317-771-0914)
- 9:30 AM SOUTHWESTWAY PARK Enjoy a moderate 5-mile hike through the woods along White River and/or Cottonwood Lakes in addition to Mann Hill, the 2nd highest elevation in Marion County. Meet at Southwestway Park; the address is 8400 Mann Rd, 46221. Coming from I-465 SW, exit onto SR 67 (Kentucky Ave.) heading southwest toward Mooresville and go just over a half mile. Turn left on High School Rd. In another 0.2 miles turn left onto W. Thompson Rd. and go about 2.3 miles to Mann Rd. Turn right onto Mann Rd and go 2.5 miles to the park. Enter the park on the east side of the road just after the ball diamonds. Meet in the upper parking lot at the end of the drive. (Coming from the east or south can be problematic because of I-69 construction, Debbie can offer alternative options using Southport Rd.) A Port-o-let is available in the parking lot. Hike repeats every Tuesday in August and September, except August 16. (Map #61)(M,NS,2.5-3) Leader: Debbie Bucholz (317-361-9210)
- 9:30 AM FORT HARRISON STATE PARK Enjoy a 5-mile hike on forested trails. From I-465 NE go east on 56th St and turn left on Post Rd then turn left into the park (fee). Meet at the Cherry Tree parking lot. Hike repeats on August 16 & 30 and September 13 & 27. (Map #18) (M,NS,2.5) Leader: John Schlechte (317-294-2021 cell)
- 9:30 AM MERIDIAN WOODS Join us for a 5-6 mile south side hike in Meridian Woods and nearby neighborhoods on mostly paved trails. On Indy's south side, go south on SR 135 and turn right onto West Banta Rd. Go about 1/2 mile and turn left into the Baptist Church, 329 West Banta, which is just past Lockwood Lane. Meet in the parking lot. Seek a restroom before you arrive since there are none on the hike. Repeats every Tuesday in August and September. (F,PS,3) Leader: Glee Crowder (317-859-8159)
- 6:00 PM BAXTER YMCA & PERRY PARK Meet at Baxter YMCA on Shelby St at Stop 11 Rd (south entrance). This is right off US 31 on Indy's south side. This is a neighborhood hike of 5 miles. Hike repeats each Tuesday in August. (F,PS,3) Leader: David Kincaid (317-787-6593)

Wednesday, August 3

- 9:00 AM BRISK WALK IN THE WOODS This 7-8 mile brisk all trail hike is a great way to stay in shape. Meet in Eagle Creek Park (fee) at lot just inside the 56th St entrance. Hike repeats each Wednesday in

August and September. Join us at a nearby Starbucks after the hike. (Map #40)(M,NS,3-3.5) Leader: Jim Goulding (317-695-8744)

- 9:00 AM AMPHITHEATER ROAD HIKE If country roads are calling your name, this is the hike for you. Join me for a 5, 6 or 10 mile hike and enjoy the countryside by hiking down a beautiful winding road. Park at my house at 688 N 900 W, Arlington, IN 46104. From I-465 SE exit on Brookville Rd (US 52) heading east for approximately 25 miles to CR900W and turn right. Go past 2 crossroads on 900W. My house is the 2nd house on the left past the 2nd crossroad. My address is on the mailbox. Hike repeats every Wednesday in August and September. (F,PS,3-3.5) Leader: Julie Litten (317-407-4652)
- 9:00 AM MEADOWLARK PARK, CARMEL From US 31 in Carmel go east on W Main St past Guilford Rd to Meadow Lane. Turn left and go north to Meadowlark park. We will walk as a group and take turns leading this 5 mile hike on paved trails and neighborhoods in northern Carmel. (Map #58)(F,PS,3) Leader: Edwin Wright (317-445-5644)
- 9:00 AM FORT HARRISON ON WEDNESDAY Enjoy a 5-mile hike on forested trails, expect a different route each time. From I-465 NE go east on 56th St and turn left on Post Rd then turn left into the park (fee). Meet at the Delaware Lake Parking Lot. Hike repeats on August 3, 17 & 31 and September 14 & 28. (Map #18) (M,NS,2.5) Leader: Annie Falvey (614-596-2020)
- 9:30 AM DOWNTOWN INDY ON THE CULTURAL TRAIL Join us for a 4-5 mile walk in downtown Indy and surrounding neighborhoods. Expect a different route each week. Meet at Shapiro's Deli at 808 S. Meridian St (at McCarty St). Please park on the southwest portion of the lot away from the building. Hike repeats each Wednesday in August and September. (Map #41) (F,PS,2.5-3) Leaders: Harold Crooks (317-730-4850) and Susanne McNeely (317 384-2909)
- 9:30 AM PIKE LIBRARY AND NORTHWESTWAY PARK Join me for a 4-5 mile self-guided walk starting at Pike Library, 6525 Zionsville Rd. We will walk through Robin Run Village and continue on to Northwestway Park then back to the library. Shorter and longer options are available. Meet behind the library in the rear lot. Hike repeats each Wednesday in August and September. (F,PS) Leader: Joan Griffiths (317-297-7312)
- 4:30 PM EXPLORE ZIONSVILLE This will be a 5-mile hike through quaint neighborhoods, the Zionsville Rail Trail and possibly Starkey Park. Meet in Zionsville Town Hall parking lot at 1100 W Oak St across from McDonalds. From I-465 N take Michigan Rd north and turn left (west) on 116th St and go to 1st St in downtown Zionsville. Go right on 1st St then left (west) on Oak St to the town hall. Hike repeats each Wednesday in August and September. (Map #34) (F,PS,3.5) Leader: Janet Cohen (317-508-8523 or 317-417-2628) and various others
- 5:00 PM GREENWOOD PARK MALL - WEDNESDAY AFTERNOON Meet to signup at the food court at 5:00 pm; otherwise look for the leader during the hike (she will have the signup sheet with her). Self guided hike of up to 6 miles with shorter options between the hours of 5-7 pm. If the weather is nice we may walk outside. Hike repeats every Wednesday in August and September. (F,PS) Leader: Glee Crowder (317-859-8159)

Thursday, August 4

- 9:00 AM THE OTHER THURSDAY MORNING HIKE Meet at the Walmart located at 5550 Fall Creek Pkwy N Dr at the corner of 56th St and Fall Creek Pkwy. To find the main entrance to WalMart, turn south off 56th St onto Fall Creek Pkwy and then turn right into the parking lot. Park in the rear of the Walmart lot behind Starbucks. This is usually a 6-mile self guided hike north on the Fall Creek Trail to Skiles Test Park and back, however, from time to time the leaders may change the route. Hike repeats every Thursday in August and September. (Map #45)(F,PS,3-3.5) Leaders: Tish Brafford (317-251-8907, 317-531-6700 cell) or Jo Anne Starzyk (317-771-0914)
- 9:30 AM EASY AT EAGLE CREEK - FIVE MILE This is the first of three very popular hikes in Eagle Creek Park every Thursday morning. All three hikes meet at the Earth Discovery Center parking lot in Eagle Creek Park (fee), which is located off of 56th St just west of the Colts facility. This will be a moderately paced 5-mile hike over, around, up and down through the woods. Hike repeats every Thursday in August and September. After the hike join us for lunch (we have been doing it for over 30 years) at Golden Corral on 38th St. We have lots of fun. (Map #17)(M,NS,3) Leader: Rick Wortman (317-701-1329)

- 9:30 AM EASY AT EAGLE CREEK - FOUR MILE Same directions and repeat dates as Easy at Eagle Creek - Five Mile. This is a 4 mile slower paced hike mostly on groomed trails. Same lunch invite as the 5 mile hike. (M,NS,2.5-3) Leader: Harold Crooks (317-730-4850)
- 9:30 AM EASY AT EAGLE CREEK - THREE MILE Same directions and repeat dates Easy at Eagle Creek - Five Mile. This is a 3 mile hike at an even slower pace, mostly on paved roads and groomed flat trails. Same lunch invite as the 5 mile hike. (M,PS/NS,2.5-3) Leader: Ed Wright (317-445-5646)
- 6:00 PM FORT HARRISON/LAWRENCE From I-465 E go east on 56th St and turn left on Lee Rd. Meet in the back parking lot of the YMCA on Lee Rd for 6-8 mile brisk hike. Hike repeats every Thursday in August and September.(F,PS,3.5) Leader: Rick Braun (317-679-2972)

Friday, August 5

- 7:00 AM FRIDAY MORNING ON THE MONON TRAIL Join me for a self-guided hike of 1-20 miles on the Monon Trail every Friday morning in August and September. Meet at the Monon trail-head parking lot on 96 St. Restrooms are available. (F,PS) Leader: Rick Kinnaman (317-407-9746)
- 8:30 AM EARLY BIRD IN ZIONSVILLE This will be moderate pace 5-6 mile hike through scenic Zionsville; expect a different route each week. We stop for a coffee break(\$) midway through the hike. From I-465 N take Michigan Rd north to 116th St. Turn left (west) and go to downtown Zionsville and turn right on 1st St (one block past Main) and then left on Oak St. Take Oak St to the Zionsville Town Hall parking lot at 1100 W Oak St across from McDonalds. Hike repeats every Friday in August and September. (Map #34) (M,PS,3-3.5) Leader: Janet Cohen (317-508-8523 or 317-417-2628)
- 9:00 AM TGIF IN EAGLE CREEK PARK Join us for a 6-mile hike with a 8-mile option. This will be a trail hike unless conditions prompt a switch to the roads. Meet in Eagle Creek Park (fee) at the Swimming Area (beach) parking lot. Use the 56th St entrance that is just west of the Colts facility. Hike repeats on all Fridays in August and September. (M,PS/NS,3-3.5) Leader: Phil Smith (317-443-3955)
- 9:00 AM PENNSY TRAIL Enjoy a 6-12 mile hike on the paved Pennsy Trail. From I-465 E take I-70 east to Greenfield exit. Turn right on SR 9 and then left on New Rd (light by Starbucks). At roundabout, go right (south) on Apple St. After you cross US 40, look for the Pennsy trailhead parking lot on the right. Hike repeats all Fridays in August and September. (F,PS,3-3.5) Leader: Julie Litten (317-407-4652)
- 9:00 AM FLAT FORK CREEK PARK, FISHERS Join us for a leisurely guided hike at Fishers newest park on mostly level paved trail through a partially wooded park, gravel path around lake and sidewalk through newer construction neighborhood. Options for 3 or 4 miles. The address of the park is 16141 E 101st St, Fishers. From the corner of 96th St and Olio Rd in Fishers, travel east on 96th St about 1.5 miles to Cyntheanne Rd. Go north on Cyntheanne Rd to 101st St and then east to the park entrance on your right. Meet in the parking lot. Hike repeats on Fridays in August and September. (F,PS/HS,2.5) Leaders: Barb and Mike Cicholski (765-426-0708)
- 9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL Since I-70 and I-65 are both closed in downtown Indy due to construction, you are going to have to find your own way to get to Garfield Park. In any event from exit 109 on I-65 (Raymond St) go west on Raymond about 1/2 mile to Pleasant Run Pkwy N Dr and turn left (south) go to the next stoplight. Turn left onto Pagoda Dr, then turn left again and park next to the swimming pool in Garfield Park. This is a 5-6 mile hike in various neighborhoods surrounding Garfield Park. Hike repeats every Friday in August and September. (Map #52)(F,NS/PS,2.5-3) Leader: Glee Crowder (317-859-8159)
- 6:00 PM OVER, AROUND & THROUGH IUPUI Meet in downtown Shapiro's Deli lot, 808 S. Meridian St, for a 6-mile hike. Please park in the rear of the lot away from the restaurant entrance. Hike repeats every Friday in August. (Map #41) (F,PS,3.5) Leader: Jim Griffin (317-294-1121)

Saturday, August 6

- 7:30 AM RISE AND SHINE Meet at the Broad Ripple Methodist Church, 6185 Guilford Ave for an 8 mile guided hike. Hike will be done in time for those that wish to do the Ten at Ten. Hike repeats each Saturday in August and September. (Map #65) (F,P/NS,3.5-4) Leader: Rick Braun (317-679-2972)
- 8:00 AM CARMEL FARMERS MARKET Meet at the parking lot around the fountain in Carmel at the gazebo for a 4-5 mile hike. The address is 3 Civic Square, Carmel 46032. The hike will end at the Carmel farmers market and you can enjoy some fresh fruits and vegetables or other treats. It will be a short walk from there back to your cars. (F,PS,2.5-3) Leader: June Sergi (317-372-3018)

- 8:00 AM WESTSIDE PARK, GREENWOOD This will be a 7-8 mile hike with a 5 mile option in parks and neighborhoods in Greenwood. Take US 31 south to Main St in Greenwood. Go west on Main St to the bottom of the hill and park at Westside Park on the right. Hike repeats every Saturday in August and September. (F,PS,3) Leader: Glee Crowder (317-859-8159)
- 10:00 AM TEN AT TEN Meet at Broad Ripple Methodist Church, 6185 Guilford Ave for a self-guided 6 or 10 mile hike. Hike repeats every Saturday in August and September. (Map #65) Leader: Rick Kinnaman (317-407-9746)

Sunday, August 7

- 9:00 AM COLLEGE PARK Meet at the College Park Elementary School, 2811 Barnard St. From W 86th St, turn north on Colby Blvd and travel .4 miles to Barnard St and turn right, going 0.3 miles to the school. This will be a 6 mile hike with shorter options through the College Park area neighborhood. Hike repeats each Sunday in August and September. (F,PS,3-3.5) Leader: Marti Burton (317-306-9878)
- 9:00 AM BROAD RIPPLE Meet in front of 6220 Carrollton Ave for a guided 6-mile hike with option for up to 4 additional (self-guided) miles. Parking lot is no longer free so please park on the street south of Broad Ripple Ave using the 6100 & 6200 blocks of Carrollton Ave. Use 6220 Carrollton Ave for GPS address. Hike repeats each Sunday in August and September. (Map #16)(F,PS,3-3.25) Leader: Kathy Whalen (317-409-3265)

Monday, August 8

- 8:00 AM BEAT THE HEAT IN AVON See Monday, August 1
- 9:00 AM CLEAR THE COBWEBS Meet in Eagle Creek Park (fee) at lot just inside 56th St entrance for a 6 or 8-mile brisk road hike. We will walk together for the first 3 miles to the restroom, then faster hikers may go on at their own pace. Hike repeats on every Monday in August and September, except September 5. (Map #40)(M,PS,3.5) Leader: Janet Cohen (317-508-8523 or 317-417-2628)
- 9:15 AM SOUTHPORT PARK See Monday, August 1
- 9:30 AM CROWN HILL CEMETERY Enjoy a scenic walk in America's fourth largest private cemetery established in 1863 and final resting place to many famous Hoosiers and home to more than 100 tree species. From the 700 block of West 38th St, go north on Clarendon Rd to the cemetery entrance. Crown Hill has asked us to no longer use the main parking lot; it is reserved for funerals. Just after you enter the cemetery proper, please park behind the mausoleum (large limestone building) on both sides of the street not blocking any drive ways or dumpsters. Hike includes options of 3, 4 and 5 miles. Hike repeats on September 12. (Map #42)(M,PS/NS,2.5-3) Leader: Ed Wright (317-445-5646)
- 5:00 PM GREENWOOD MALL - MONDAY AFTERNOON See Monday, August 1
- 6:00 PM EXPLORE FISHERS IN THE EVENING See Monday, August 1
- 6:00 PM BROAD RIPPLE EVENING HIKE See Monday, August 1

Tuesday, August 9

- 8:00 AM MORGAN MONROE STATE FOREST Come and enjoy being in the woods in Morgan Monroe State Forest, 6220 Forest Rd, Martinsville, IN 46151. From I-465 S take SR 37 south until it becomes I-69 S in Martinsville. Turn left on Liberty Church Rd (Exit 134) and follow signs for Morgan Monroe SF. From the entrance of the state forest drive 4.5 miles to the forest HDQ parking lot. This will be a 16-mile hike on the Low Gap Trail, with shorter options for those that are comfortable turning around (self guided) at their desired mileage. We'll hike 8 miles in then turn around and hike out. Hike repeats on August 23. **These hikes will help those of you interested in doing Scott Beam's 28 mile hike on September 17 on the Knobstone Trail.** Bring water, a light lunch with some high energy snacks as well. (Map #28) (H,NS,3-3.5) Leader: Theresa Ray (317-627-1205)
- 9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See Tuesday, August 2
- 9:30 AM SOUTHWESTWAY PARK See Tuesday, August 2
- 9:30 AM LET'S EXPLORE BROAD RIPPLE Park at the Broad Ripple Methodist Church (fee only applies in the evening), 6185 N Guilford Ave. Hike may include parts of Holliday Park, Marott Park, Monon Trail, Arden neighborhood, Rocky Ripple or Broad Ripple Park. Hike repeats on August 23 and September 6 & 20. (Map #65) (M,NS/HS/PS,2.5) Leader: John Schlechte (317-294-2021 cell)
- 9:30 AM MERIDIAN WOODS See Tuesday, August 2

- 10:30 AM EAST SIDE NEIGHBORHOODS FROM BROOKSIDE PARK We will explore east side neighborhoods surrounding Brookside Park which is located at 3500 Brookside Pkwy S Dr. From I-70 W exit at Emerson Ave and head south to 16th St where you will turn right. Continue to Sherman where 16th St becomes Brookside Pkwy S Dr. The park is at the corner of Sherman and Brookside. From I-70 E, take the exit onto Rural and turn right. Head south to Brookside Pkwy S Dr and turn left. From the south, take I-65 N to Washington St and turn right. Continue east on Washington to Rural then turn left. Travel north until you reach Brookside Pky S Dr where you will turn right. The park entrance is about a 1/2 mile on the left. We will meet in the parking lot across from the playground. Hikes will be August 9 & 23 and September 6 & 20. (F,PS,3-3.5) Leader: Annie Falvey (614-596-2020)
- 6:00 PM BAXTER YMCA & PERRY PARK See Tuesday, August 2

Wednesday, August 10

- 9:00 AM BRISK WALK IN THE WOODS See Wednesday, August 3
- 9:00 AM AMPHITHEATER ROAD HIKE See Wednesday, August 3
- 9:00 AM MEADOWLARK PARK, CARMEL See Wednesday, August 3
- 9:30 AM DOWNTOWN INDY ON THE CULTURAL TRAIL See Wednesday, August 3
- 9:30 AM PIKE LIBRARY AND NORTHWESTWAY PARK See Wednesday, August 3
- 4:30 PM EXPLORE ZIONSVILLE See Wednesday, August 3
- 5:00 PM GREENWOOD PARK MALL - WEDNESDAY AFTERNOON See Wednesday, August 3

Thursday, August 11

- 9:00 AM THE OTHER THURSDAY MORNING HIKE See Thursday, August 4
- 9:30 AM EASY AT EAGLE CREEK - FIVE MILE See Thursday, August 4
- 9:30 AM EASY AT EAGLE CREEK - FOUR MILE See Thursday, August 4
- 9:30 AM EASY AT EAGLE CREEK - THREE MILE See Thursday, August 4
- 6:00 PM FORT HARRISON/LAWRENCE See Thursday, August 4

Friday, August 12

- 7:00 AM FRIDAY MORNING ON THE MONON TRAIL See Friday, August 5
- 8:30 AM EARLY BIRD IN ZIONSVILLE See Friday, August 5
- 9:00 AM TGIF IN EAGLE CREEK PARK See Friday, August 5
- 9:00 AM PENNSY TRAIL See Friday, August 5
- 9:00 AM FLAT FORK CREEK PARK, FISHERS See Friday, August 5
- 9:30 AM PIKE LIBRARY ON FRIDAY This is the same 4-5 mile self-guided walk starting at Pike Library, 6525 Zionsville Rd that I lead each Wednesday. We will walk through Robin Run Village and continue on to Northwestway Park then back to the library. Shorter and longer options are available. Meet behind the library in the rear lot. Hike repeats on Friday August 26 and September 9 & 23. (F,PS) Leader: Joan Griffiths (317-297-7312)
- 9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See Friday, August 5
- 6:00 PM OVER, AROUND & THROUGH IUPUI See Friday, August 5

Saturday, August 13

- 7:30 AM RISE AND SHINE See Saturday, August 6
- 8:00 AM WESTSIDE PARK, GREENWOOD See Saturday, August 6
- 10:00 AM TEN AT TEN See Saturday, August 6

Sunday, August 14

- 9:00 AM COLLEGE PARK See Sunday, August 7
- 9:00 AM BROAD RIPPLE See Sunday, August 7
- 12:30 PM I HIKE FOR ICE CREAM, DOWNTOWN Let's try to beat the summer heat with a 4-5 mile walk in downtown Indy. Destination: Kilwin's on Mass Ave (\$). Meet at Shapiro's Deli, 808 S Meridian St (at McCarty St). Please park on the southwestern portion of the lot away from the restaurant. Come early (11:30ish) if you'd like to have lunch before the hike. (Map #41)(F,PS,2.5) Leader: Konnie Schlechte (317-417-5112 cell)

Monday, August 15

9:00 AM CLEAR THE COBWEBS See Monday, August 8

9:15 AM SOUTHPORT PARK See Monday, August 1

9:30 AM RIVER ROAD PARK IN CARMEL We will hike the paved trails in River Road Park in Carmel along the White River and explore trails in nearby neighborhoods for options of 3, 4 or 5 miles. From I-465 N take Keystone Ave north to 116th St and turn east, go 2.4 miles to River Rd. Turn north onto River Rd and go 1.2 miles to River Rd Park. Note you will pass River Heritage Park. Park in the north lot by the restrooms. Hike repeats on September 19. (Map #64)(F,PS/NS,2.5-3) Leader: Ed Wright (317-445-5646)

5:00 PM GREENWOOD MALL - MONDAY AFTERNOON See Monday, August 1

6:00 PM EXPLORE FISHERS IN THE EVENING See Monday, August 1

6:00 PM BROAD RIPPLE EVENING HIKE See Monday, August 1

Tuesday, August 16

9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See Tuesday, August 2

9:30 AM FORT HARRISON STATE PARK See Tuesday, August 2

9:30 AM MERIDIAN WOODS See Tuesday, August 2

6:00 PM BAXTER YMCA & PERRY PARK See Tuesday, August 2

Wednesday, August 17

9:00 AM BRISK WALK IN THE WOODS See Wednesday, August 3

9:00 AM AMPHITHEATER ROAD HIKE See Wednesday, August 3

9:00 AM MEADOWLARK PARK, CARMEL See Wednesday, August 3

9:00 AM WEST SIDE OF EAGLE CREEK Take 56th St west past the main entrance to Eagle Creek Park and continue across the causeway and take the first right into the fisherman's parking lot which has the large iron sculpture of a bear (no fee currently). We will explore various trails for a 6 mile hike. (Map #30)(M,NS,3) Leader: Marti Burton (317-306-9878)

9:00 AM FORT HARRISON ON WEDNESDAY See Wednesday, August 3

9:30 AM DOWNTOWN INDY ON THE CULTURAL TRAIL See Wednesday, August 3

9:30 AM PIKE LIBRARY AND NORTHWESTWAY PARK See Wednesday, August 3

4:30 PM EXPLORE ZIONSVILLE See Wednesday, August 3

5:00 PM GREENWOOD PARK MALL - WEDNESDAY AFTERNOON See Wednesday, August 3

Thursday, August 18

9:00 AM THE OTHER THURSDAY MORNING HIKE See Thursday, August 4

9:30 AM EASY AT EAGLE CREEK - FIVE MILE See Thursday, August 4

9:30 AM EASY AT EAGLE CREEK - FOUR MILE See Thursday, August 4

9:30 AM EASY AT EAGLE CREEK - THREE MILE See Thursday, August 4

6:00 PM FORT HARRISON/LAWRENCE See Thursday, August 4

Friday, August 19

7:00 AM FRIDAY MORNING ON THE MONON TRAIL See Friday, August 5

8:30 AM EARLY BIRD IN ZIONSVILLE See Friday, August 5

9:00 AM TGIF IN EAGLE CREEK PARK See Friday, August 5

9:00 AM PENNSY TRAIL See Friday, August 5

9:00 AM FLAT FORK CREEK PARK, FISHERS See Friday, August 5

9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See Friday, August 5

6:00 PM OVER, AROUND & THROUGH IUUPUI See Friday, August 5

Saturday, August 20

7:30 AM RISE AND SHINE See Saturday, August 6

8:00 AM WESTSIDE PARK, GREENWOOD See Saturday, August 6

10:00 AM TEN AT TEN See Saturday, August 6

Sunday, August 21

- 9:00 AM COLLEGE PARK See Sunday, August 7
9:00 AM BROAD RIPPLE See Sunday, August 7

Monday, August 22

- 9:00 AM CLEAR THE COBWEBS See Monday, August 8
9:15 AM SOUTHPORT PARK See Monday, August 1
9:30 AM BROAD RIPPLE PARK AND BEYOND Park in Broad Ripple Park, 1550 Broad Ripple Ave in the large parking lot behind the dog park to the right of the swimming pool. Hike options of 3, 4 and 5 miles. Hike repeats on September 26. (Map #57)(F,HS/PS/NS,2.5-3) Leader: Ed Wright (317-445-5646)
5:00 PM GREENWOOD MALL - MONDAY AFTERNOON See Monday, August 1
6:00 PM EXPLORE FISHERS IN THE EVENING See Monday, August 1
6:00 PM BROAD RIPPLE EVENING HIKE See Monday, August 1

Tuesday, August 23

- 8:00 AM MORGAN MONROE STATE FOREST See Tuesday, August 9
9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See Tuesday, August 2
9:30 AM SOUTHWESTWAY PARK See Tuesday, August 2
9:30 AM LET'S EXPLORE BROAD RIPPLE See Tuesday, August 9
9:30 AM MERIDIAN WOODS See Tuesday, August 2
10:30 AM EAST SIDE NEIGHBORHOODS FROM BROOKSIDE PARK See Tuesday, August 9
6:00 PM BAXTER YMCA & PERRY PARK See Tuesday, August 2

Wednesday, August 24

- 9:00 AM BRISK WALK IN THE WOODS See Wednesday, August 3
9:00 AM AMPHITHEATER ROAD HIKE See Wednesday, August 3
9:00 AM MEADOWLARK PARK, CARMEL See Wednesday, August 3
9:00 AM SODALIS NATURE PARK This will be a slow and easy meandering hike of approximately 3 miles. The trails are mostly flat but occasionally will be muddy. Brunch afterwards at Cracker Barrel if there is interest. From I-70 take IN-267S to E County Road 750 S and turn Left. At S County Road 975 E turn Right. The nature park will be on the right in approximately 1/2 mile. As you enter the parking lot, park on the left side. Port-a-lets are available in the parking lot. Hike repeats each Wednesday beginning August 24 thru the end of September. (F,NS,2-2.5) Leader: Karen LeClerc (920-883-9477)
9:30 AM DOWNTOWN INDY ON THE CULTURAL TRAIL See Wednesday, August 3
9:30 AM PIKE LIBRARY AND NORTHWESTWAY PARK See Wednesday, August 3
4:30 PM EXPLORE ZIONSVILLE See Wednesday, August 3
5:00 PM GREENWOOD PARK MALL - WEDNESDAY AFTERNOON See Wednesday, August 3

Thursday, August 25

- 9:00 AM THE OTHER THURSDAY MORNING HIKE See Thursday, August 4
9:30 AM EASY AT EAGLE CREEK - FIVE MILE See Thursday, August 4
9:30 AM EASY AT EAGLE CREEK - FOUR MILE See Thursday, August 4
9:30 AM EASY AT EAGLE CREEK - THREE MILE See Thursday, August 4
6:00 PM FORT HARRISON/LAWRENCE See Thursday, August 4

Friday, August 26

- 7:00 AM FRIDAY MORNING ON THE MONON TRAIL See Friday, August 5
8:30 AM EARLY BIRD IN ZIONSVILLE See Friday, August 5
9:00 AM TGIF IN EAGLE CREEK PARK See Friday, August 5
9:00 AM PENNSY TRAIL See Friday, August 5
9:00 AM FLAT FORK CREEK PARK, FISHERS See Friday, August 5
9:30 AM PIKE LIBRARY ON FRIDAY See Friday, August 12
9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See Friday, August 5
6:00 PM OVER, AROUND & THROUGH IUPUI See Friday, August 5

Saturday, August 27

7:30 AM RISE AND SHINE See Saturday, August 6

8:00 AM WESTSIDE PARK, GREENWOOD See Saturday, August 6

9:30 AM BOOK CLUB HIKE - SODALIS NATURE PARK The park is located at 7700 S County Rd 975 E, Plainfield. From I-465 SW, exit on SR67 (Kentucky Ave) and travel south toward Camby for a little more than 5 miles. Turn right onto E. CR 800 S and travel slightly more than a mile. Take second right onto S. CR 975 E traveling 0.3 mi to park entrance on left. The book is *A Novel: West with Giraffes* by Lynda Rutledge. We will meet in the parking lot and find a shady tree, so bring a lawn chair for the book discussion. Note: there are U-tube interviews available of the author and historic pictures online. Following the book discussion we will hike 4-5 miles. (M,HS/NS,2.5-3) Leader: Susan Fox (317-682-8117 cell)

10:00 AM ARTOMOBILIA HIKE Meet in Meadowlark Park (450 Meadow Lane, Carmel 46032) for a 5 mile hike. From US 31 in Carmel, go east on W. Main St., pass Guilford Rd to Meadow Lane. Turn left and go north toward the park. We will walk in, through and around Carmel ending up in midtown near the arts and design district where there will be more than 400 vehicles on display. You may stay and browse then walk back to your car at leisure. (Map #58) (F,PS,2.5-3) Leader: June Sergi (317-372-3018)

10:00 AM TEN AT TEN See Saturday, August 6

Sunday, August 28

9:00 AM COLLEGE PARK See Sunday, August 7

9:00 AM BROAD RIPPLE See Sunday, August 7

Monday, August 29

8:00 AM BEAT THE HEAT IN PLAINFIELD This will be a 5-6 mile "choose your pace" walk on the well-landscaped paved Greenway trails in Plainfield. From I-465 W exit on Washington St and travel west about 8.3 miles going through Plainfield. Turn right at the first stop light west of town onto Vestal Rd. Travel to the roundabout and park in the north lot on the right. An approximate address is 651 Vestal Rd, Plainfield. Bathrooms available. Don't forget your water! (Map #50) (F,PS) Leader: Terry Roesch (317-910-2943 cell)

9:00 AM CLEAR THE COBWEBS See Monday, August 8

9:15 AM SOUTHPORT PARK See Monday, August 1

9:30 AM LAKE CLEARWATER Meet in the northeast corner of the Super Walmart parking lot to the left of the Garden Center at the intersection of 74th St and Keystone Ave. On this 6 mile hike, with a 3 mile option, we will walk around two lakes and through scenic neighborhoods. The first half of the hike we will do as a group. After an optional restroom break, the second half will be at your own pace. (Map #43) (F,PS,3) Leader: Ed Wright (317-445-5646)

5:00 PM GREENWOOD MALL - MONDAY AFTERNOON See Monday, August 1

6:00 PM EXPLORE FISHERS IN THE EVENING See Monday, August 1

6:00 PM BROAD RIPPLE EVENING HIKE See Monday, August 1

Tuesday, August 30

9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See Tuesday, August 2

9:30 AM SOUTHWESTWAY PARK See Tuesday, August 2

9:30 AM FORT HARRISON STATE PARK See Tuesday, August 2

9:30 AM MERIDIAN WOODS See Tuesday, August 2

6:00 PM BAXTER YMCA & PERRY PARK See Tuesday, August 2

Wednesday, August 31

9:00 AM BRISK WALK IN THE WOODS See Wednesday, August 3

9:00 AM AMPHITHEATER ROAD HIKE See Wednesday, August 3

9:00 AM MEADOWLARK PARK, CARMEL See Wednesday, August 3

9:00 AM SODALIS NATURE PARK See Wednesday, August 24

9:00 AM FORT HARRISON ON WEDNESDAY See Wednesday, August 3

9:30 AM DOWNTOWN INDY ON THE CULTURAL TRAIL See Wednesday, August 3

- 9:30 AM PIKE LIBRARY AND NORTHWESTWAY PARK See Wednesday, August 3
4:30 PM EXPLORE ZIONSVILLE See Wednesday, August 3
5:00 PM GREENWOOD PARK MALL - WEDNESDAY AFTERNOON See Wednesday, August 3

Thursday, September 1

- 9:00 AM THE OTHER THURSDAY MORNING HIKE See Thursday, August 4
9:30 AM EASY AT EAGLE CREEK - FIVE MILE See Thursday, August 4
9:30 AM EASY AT EAGLE CREEK - FOUR MILE See Thursday, August 4
9:30 AM EASY AT EAGLE CREEK - THREE MILE See Thursday, August 4
6:00 PM FORT HARRISON/LAWRENCE See Thursday, August 4

Friday, September 2

- 7:00 AM FRIDAY MORNING ON THE MONON TRAIL See Friday, August 5
8:30 AM EARLY BIRD IN ZIONSVILLE See Friday, August 5
9:00 AM TGIF IN EAGLE CREEK PARK See Friday, August 5
9:00 AM PENNSY TRAIL See Friday, August 5
9:00 AM FLAT FORK CREEK PARK, FISHERS See Friday, August 5
9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See Friday, August 5
10:00 AM I HIKE FOR ICE CREAM, AGAIN Let's kick off the holiday weekend by honoring the contributions of laborers in the United States. Our destination will be Graeter's at 56th St & Illinois Ave. Meet at the Broad Ripple Methodist church (fee applies only in the evening) This will be a 4-5 mile hike. (Map #65)(F,PS,2.5) Leader: Konnie Schlechte (317-417-5112 cell)
6:00 PM BUTLER, TOWPATH AND NEARBY NEIGHBORHOODS This is a 6-mile hike through the Butler campus, the Canal Towpath and nearby neighborhoods. Meet near Door #1 at the front of Hinkle Fieldhouse, which is located on 49th St, west of Boulevard Place. Hike repeats every Friday in September. (Map #32) (M,PS/NS,3.5) Leader: Jim Griffin (317-294-1121)

Saturday, September 3

- 7:30 AM RISE AND SHINE See Saturday, August 6
8:00 AM WESTSIDE PARK, GREENWOOD See Saturday, August 6
9:30 AM MOUNDS STATE PARK Known for its ancient mounds built around 160 B.C., the park has excellent hiking trails through a mature forest and along White River. Allow 1 1/4 hours travel time from I-465 N. Take I-69 north to exit 26 (Anderson). Go north on SR 9 to SR 232. Turn right and follow signs to the park (fee). Meet at the Pavilion parking lot for a 5-6 mile moderate hike with shorter options. Bring your lunch and join us for a picnic afterwards. (Map #19) (M,NS/PS,2.5) Leader: John Schlechte (317-294-2021 cell)
10:00 AM TEN AT TEN See Saturday, August 6

Sunday, September 4

- 9:00 AM COLLEGE PARK See Sunday, August 7
9:00 AM BROAD RIPPLE See Sunday, August 7

Monday, September 5 *Labor Day*

- 9:00 AM MORNING CONSTITUTIONAL See Monday, August 1
9:15 AM SOUTHPORT PARK See Monday, August 1
9:30 AM TOWPATH, BUTLER UNIVERSITY AND ROCKY RIPPLE See Monday, August 1
5:00 PM GREENWOOD MALL - MONDAY AFTERNOON See Monday, August 1
6:00 PM EXPLORE FISHERS IN THE EVENING See Monday, August 1
6:00 PM BROAD RIPPLE EVENING HIKE See Monday, August 1

Tuesday, September 6

- 9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See Tuesday, August 2
9:30 AM SOUTHWESTWAY PARK See Tuesday, August 2
9:30 AM LET'S EXPLORE BROAD RIPPLE See Tuesday, August 9

- 9:30 AM CLERMONT PARK AND NEIGHBORHOODS We will visit Clermont Park, Clermont Woods and nearby neighborhoods on this 5-6 mile hike; each week will be different. Meet in Clermont Lions' Club Park. From I-465 W exit 16A onto Crawfordsville Rd heading west. Go to the 5th stoplight which is Tansel Rd. Turn left and go 1/3 mile. The park is on your left. Hike repeats each Tuesday in September. (F,PS,3) Leader: Pat Lawler (317-329-2779, 317-652-2779 cell)
- 9:30 AM MERIDIAN WOODS See Tuesday, August 2
- 10:30 AM EAST SIDE NEIGHBORHOODS FROM BROOKSIDE PARK See Tuesday, August 9
- 1:30 PM BUTLER-TARKINGTON NEIGHBORHOOD WALK Meet at Unitarian Universalist Church of Indianapolis parking lot at 615 W 43rd St for a guided 5–6-mile hike exploring Butler University and surrounding area. There are many sites to explore in this neighborhood. Hike repeats on Tuesday 9/20 and 9/27. (F/M,PS,3) Leader: Kathy Whalen (317-409-3265)
- 6:00 PM SHEEK ROAD Hike is 5 miles along Sheek and Worthsville Rds and through several Greenwood neighborhoods. From I-465 S take I-65 south to Greenwood exit. Go west on Main St and south on Sheek Rd. Meet at Grassy Creek Elementary School formerly Clark Pleasant Intermediate School at the intersection of Sheek Rd and Worthsville Rd. Hike repeats every Tuesday in September. (F,PS,3) Leader: David Kincaid (317-787-6593)

Wednesday, September 7

- 9:00 AM BRISK WALK IN THE WOODS See Wednesday, August 3
- 9:00 AM AMPHITHEATER ROAD HIKE See Wednesday, August 3
- 9:00 AM MEADOWLARK PARK, CARMEL See Wednesday, August 3
- 9:00 AM SODALIS NATURE PARK See Wednesday, August 24
- 9:30 AM DOWNTOWN INDY ON THE CULTURAL TRAIL See Wednesday, August 3
- 9:30 AM PIKE LIBRARY AND NORTHWESTWAY PARK See Wednesday, August 3
- 4:30 PM EXPLORE ZIONSVILLE See Wednesday, August 3
- 5:00 PM GREENWOOD PARK MALL - WEDNESDAY AFTERNOON See Wednesday, August 3

Thursday, September 8

General Assembly

- 9:00 AM THE OTHER THURSDAY MORNING HIKE See Thursday, August 4
- 9:30 AM EASY AT EAGLE CREEK - FIVE MILE See Thursday, August 4
- 9:30 AM EASY AT EAGLE CREEK - FOUR MILE See Thursday, August 4
- 9:30 AM EASY AT EAGLE CREEK - THREE MILE See Thursday, August 4
- 6:00 PM FORT HARRISON/LAWRENCE See Thursday, August 4
- 6:00 PM GENERAL ASSEMBLY Although we have had to cancel this annual meeting in 2020 and 2021 because of Covid-19, we are happy that we will once again be able to meet in person as the Club Constitution requires. We encourage all members to attend. As we have in the past, the General Assembly will be held at the Unitarian Universalist Church of Indianapolis. The address is: 615 West 43rd St, IN 46208. Please arrive at 6 p.m. to enjoy free snacks, libations and conversation with the current and incoming Club officers. At 6:30 p.m. we will have a short business meeting and we will elect Club officers for 2023. Then we will listen to an interesting speaker.

Friday, September 9

- 7:00 AM FRIDAY MORNING ON THE MONON TRAIL See Friday, August 5
- 8:30 AM EARLY BIRD IN ZIONSVILLE See Friday, August 5
- 9:00 AM TGIF IN EAGLE CREEK PARK See Friday, August 5
- 9:00 AM PENNSY TRAIL See Friday, August 5
- 9:00 AM FLAT FORK CREEK PARK, FISHERS See Friday, August 5
- 9:30 AM PIKE LIBRARY ON FRIDAY See Friday, August 12
- 9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See Friday, August 5
- 6:00 PM BUTLER, TOWPATH AND NEARBY NEIGHBORHOODS See Friday, September 2

Saturday, September 10

- 7:30 AM RISE AND SHINE See Saturday, August 6
- 8:00 AM WESTSIDE PARK, GREENWOOD See Saturday, August 6
- 10:00 AM TEN AT TEN See Saturday, August 6

Sunday, September 11***Patriot Day***

9:00 AM COLLEGE PARK See Sunday, August 7

9:00 AM BROAD RIPPLE See Sunday, August 7

Monday, September 12

9:00 AM CLEAR THE COBWEBS See Monday, August 8

9:15 AM SOUTHPORT PARK See Monday, August 1

9:30 AM CROWN HILL CEMETERY See Monday, August 8

5:00 PM GREENWOOD MALL - MONDAY AFTERNOON See Monday, August 1

6:00 PM EXPLORE FISHERS IN THE EVENING See Monday, August 1

6:00 PM BROAD RIPPLE EVENING HIKE See Monday, August 1

Tuesday, September 13

9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See Tuesday, August 2

9:30 AM SOUTHWESTWAY PARK See Tuesday, August 2

9:30 AM FORT HARRISON STATE PARK See Tuesday, August 2

9:30 AM CLERMONT NEIGHBORHOODS See Tuesday, September 6

9:30 AM MERIDIAN WOODS See Tuesday, August 2

10:30 AM EASTSIDE NEIGHBORHOODS Join us for a 5 mile hike around the city's historical east side neighborhoods. We will walk a different area each week. From the 5700 block of East Washington St turn south on to Audubon Rd next to the Irvington Library - restrooms available at the Library. Turn right at the second 4-way stop sign onto Bonna Ave and park on the north side of Bonna next to the Pennsy trail. Hike repeats on Tuesday, September 13 & 27. (F,PS,3) Leader: Melinda Jones (317-850-2500)

6:00 PM SHEEK ROAD See Tuesday, September 6

Wednesday, September 14

9:00 AM BRISK WALK IN THE WOODS See Wednesday, August 3

9:00 AM AMPHITHEATER ROAD HIKE See Wednesday, August 3

9:00 AM MEADOWLARK PARK, CARMEL See Wednesday, August 3

9:00 AM SODALIS NATURE PARK See Wednesday, August 24

9:00 AM WEST SIDE OF EAGLE CREEK See Wednesday, August 17

9:00 AM FORT HARRISON ON WEDNESDAY See Wednesday, August 3

9:30 AM DOWNTOWN INDY ON THE CULTURAL TRAIL See Wednesday, August 3

9:30 AM PIKE LIBRARY AND NORTHWESTWAY PARK See Wednesday, August 3

4:30 PM EXPLORE ZIONSVILLE See Wednesday, August 3

5:00 PM GREENWOOD PARK MALL - WEDNESDAY AFTERNOON See Wednesday, August 3

Thursday, September 15

9:00 AM THE OTHER THURSDAY MORNING HIKE See Thursday, August 4

9:30 AM EASY AT EAGLE CREEK - FIVE MILE See Thursday, August 4

9:30 AM EASY AT EAGLE CREEK - FOUR MILE See Thursday, August 4

9:30 AM EASY AT EAGLE CREEK - THREE MILE See Thursday, August 4

6:00 PM FORT HARRISON/LAWRENCE See Thursday, August 4

Friday, September 16

7:00 AM FRIDAY MORNING ON THE MONON TRAIL See Friday, August 5

8:30 AM EARLY BIRD IN ZIONSVILLE See Friday, August 5

9:00 AM TGIF IN EAGLE CREEK PARK See Friday, August 5

9:00 AM PENNSY TRAIL See Friday, August 5

9:00 AM FLAT FORK CREEK PARK, FISHERS See Friday, August 5

9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See Friday, August 5

6:00 PM BUTLER, TOWPATH AND NEARBY NEIGHBORHOODS See Friday, September 2

Saturday, September 17

7:00 AM THREE LOOP HIKE AT SPURGEON HOLLOW ON THE KT This is part of the most difficult trail in the state, the Knobstone Trail. Hike is on dirt trail with very steep inclines, eroded hills and multiple creek crossing. Hills are around 400 feet of elevation gain. Loop #1 is about 8.5 miles, loop #2 is about 9 miles, and loop #3 is about 12 miles for a total of 28 miles. Headlamps will be required on the first and last loops, and hiking poles are highly recommended. We'll return back to the parking area after every loop for a quick snack and water refills as needed. Estimated departure time of 10:30 AM and 2:30 PM for the second and third loops. Please arrive a half hour in advance of start times if possible. Allow 1 3/4 hrs travel time. From I-465 S, go south on I-65 to exit 55. (Jonesville/Seymour.) Take SR 11 south (right) for about 5 miles and turn right (west) onto US 50. Continue on US 50 through Brownstown for about 10 miles, and turn left onto SR 135 South. Wind your way along SR 135 for about 13 miles, where you'll turn left (east) onto E Rooster Hill Rd. Take the immediate right at the fork, and continue for 2.5 miles. Take a right (south) at the stop sign, this will put you on Delaney Park Rd. Follow this for just under 1/2 mile and turn left at the Spurgeon Hollow/Knobstone sign. Parking will be 1/4 mile down the gravel road and on the left, right beside Spurgeon Hollow Lake. Here's the location on Google Maps: Spurgeon Hollow Trailhead KT <https://maps.app.goo.gl/m6bvsN4PDGA4XuAE8> (H,NS,2.5) Leader: Scott Beam (317-601-1033) Cell coverage is very limited in the area.

7:30 AM RISE AND SHINE See Saturday, August 6

8:00 AM WESTSIDE PARK, GREENWOOD See Saturday, August 6

10:00 AM TEN AT TEN See Saturday, August 6

10:00 AM UNDERGROUND INDY A tour of the Indianapolis CATACOMBS at 10:00 AM followed by a 5-6 mile hike at 11:15 AM. The guided tour explores the Catacombs, a Roman-looking expanse of brick arches beneath the outdoor Whistler Plaza of City Market. In 1886 the City of Indianapolis constructed two public buildings on Market Street – City Market and Tomlinson Hall. The Catacombs are what remains of Tomlinson Hall, which burned in January 1958. You will need to book your tour at <https://www.eventbrite.com/e/indianapolis-city-market-catacombs-tours-2022-tickets-261409662337> as soon as possible. Tickets are \$12+tax each. You can book tours starting at 10 AM, 10:15 AM, or 10:30 AM. Each tour lasts for 30 minutes. Thus, if you book any of the three times you will be finished by the start of the hike at 11:15 AM. Check-in for the tours is the north end of the mezzanine (2nd level) of City Market, 222 E. Market St. The hike will start from the same location. We will hike to and explore Woodruff Place. This gracious historic community, located just one mile east of downtown Indianapolis is recognized as Indianapolis's first planned residential suburb. In a beautiful park-like setting, you will see fine examples of lovely Victorian era homes, esplanades with fountains and statuary, and an ambiance that is unlike any other. Woodruff Place was included in the National Register of Historic Places in 1972. (F,PS,3) Leader: Mervyn Cohen (317-417-2628)

Sunday, September 18

9:00 AM COLLEGE PARK See Sunday, August 7

9:00 AM BROAD RIPPLE See Sunday, August 7

1:00 PM DEVONSHIRES Join us on a 6 mile road hike, with a 4 mile option, though attractive and somewhat hilly neighborhoods in what should be nice weather in the early fall. Meet behind the Starbucks in the Avalon Crossing shopping center on the east side of Binford Blvd just south of 71st St. (M,PS,3) Leader: Ed Wright (317-445-5646)

Monday, September 19

9:00 AM CLEAR THE COBWEBS See Monday, August 8

9:15 AM SOUTHPORT PARK See Monday, August 1

9:30 AM RIVER ROAD PARK IN CARMEL See Monday, August 15

5:00 PM GREENWOOD MALL - MONDAY AFTERNOON See Monday, August 1

6:00 PM EXPLORE FISHERS IN THE EVENING See Monday, August 1

6:00 PM BROAD RIPPLE EVENING HIKE See Monday, August 1

Tuesday, September 20

9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See Tuesday, August 2

- 9:30 AM SOUTHWESTWAY PARK See Tuesday, August 2
9:30 AM LET'S EXPLORE BROAD RIPPLE See Tuesday, August 9
9:30 AM CLERMONT NEIGHBORHOODS See Tuesday, September 6
9:30 AM MERIDIAN WOODS See Tuesday, August 2
10:30 AM EAST SIDE NEIGHBORHOODS FROM BROOKSIDE PARK See Tuesday, August 9
1:30 PM BUTLER-TARKINGTON NEIGHBORHOOD WALK See Tuesday, September 6
6:00 PM SHEEK ROAD See Tuesday, September 6

Wednesday, September 21

- 9:00 AM BRISK WALK IN THE WOODS See Wednesday, August 3
9:00 AM AMPHITHEATER ROAD HIKE See Wednesday, August 3
9:00 AM MEADOWLARK PARK, CARMEL See Wednesday, August 3
9:00 AM SODALIS NATURE PARK See Wednesday, August 24
9:30 AM DOWNTOWN INDY ON THE CULTURAL TRAIL See Wednesday, August 3
9:30 AM PIKE LIBRARY AND NORTHWESTWAY PARK See Wednesday, August 3
4:30 PM EXPLORE ZIONSVILLE See Wednesday, August 3
5:00 PM GREENWOOD PARK MALL - WEDNESDAY AFTERNOON See Wednesday, August 3

Thursday, September 22 *First Day of Autumn*

- 9:00 AM THE OTHER THURSDAY MORNING HIKE See Thursday, August 4
9:30 AM EASY AT EAGLE CREEK - FIVE MILE See Thursday, August 4
9:30 AM EASY AT EAGLE CREEK - FOUR MILE See Thursday, August 4
9:30 AM EASY AT EAGLE CREEK - THREE MILE See Thursday, August 4
6:00 PM FORT HARRISON/LAWRENCE See Thursday, August 4

Friday, September 23

- 7:00 AM FRIDAY MORNING ON THE MONON TRAIL See Friday, August 5
8:30 AM EARLY BIRD IN ZIONSVILLE See Friday, August 5
9:00 AM TGIF IN EAGLE CREEK PARK See Friday, August 5
9:00 AM PENNSY TRAIL See Friday, August 5
9:00 AM RIDE THE RED LINE/HIKE THE MONON We will ride the Red Line from Broad Ripple toward downtown Indy, getting off at the Fall Creek Bridge on Meridian (Fare \$1.75). We will hike 6 miles back on the Fall Creek and Monon Trails. Park at the Broad Ripple Methodist church (fee applies only in the evening) at 6185 N. Guilford Ave and we will walk to the bus stop. Toward the end of the hike, join us for lunch at the Half Liter Haus on the Monon. (Map #65)(F,PS,2.5) Leader: John Schlechte (317-294-2021 cell)
9:00 AM FLAT FORK CREEK PARK, FISHERS See Friday, August 5
9:30 AM PIKE LIBRARY ON FRIDAY See Friday, August 12
9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See Friday, August 5
1:00 PM BOOK CLUB HIKE - STARLING NATURE PRESERVE This month's selection is *Where the Crawdads Sing* by Delia Owens. There is also a movie of this book that has recently been released. Meet at the parking lot for the Starling Nature Preserve at 8530 Wilson Rd. The book discussion will be followed by a 5 mile hike through the nature preserve and part of the west side of Eagle Creek Park. The hike consists of a narrow boardwalk, a natural trail and a paved trail. Rest rooms are not available. (M,NS/PS,3) Leader: Marti Burton (317-306-9878)
6:00 PM BUTLER, TOWPATH AND NEARBY NEIGHBORHOODS See Friday, September 2

Saturday, September 24

- 7:30 AM RISE AND SHINE See Saturday, August 6
8:00 AM WESTSIDE PARK, GREENWOOD See Saturday, August 6
10:00 AM TEN AT TEN See Saturday, August 6
10:00 AM WEST SIDE OF EAGLE CREEK PARK Join us for a 6 mile guided hike on the west side of the Eagle Creek reservoir. We will meet at the Galyan's Bear parking lot off 56th street. Take 56th St west past the main entrance to Eagle Creek Park and continue across the causeway. Turn right into the parking lot with the large iron sculpture of a bear. We will hike at a pace that works for most hikers.

Bring a friend to hike with if you walk a slower pace than the hike leader. Bring water. Plan to stop before hike, since nature's restroom is the only option! (Map #30) (M,NS,2.5+) Leader: Terry Roesch (317-910-2943 cell)

Sunday, September 25

9:00 AM COLLEGE PARK See Sunday, August 7

9:00 AM BROAD RIPPLE See Sunday, August 7

9:30 AM MCCORMICK'S CREEK STATE PARK PART 1 (RUGGED, SCENIC AND A BIT BRISK) Hike will include a small section of rocky streambed, a few minor creek crossings, hills, a long staircase and a boardwalk at a good pace. Boots and poles recommended. From I-465 SW, take SR 67 southwest to Spencer. Turn left (east) on SR 46 and proceed to park entrance (fee). Meet at Inn for a 6 mile hike. You may choose to bring a picnic lunch or eat at the inn and stay for part 2. (Map #24) (M,NS/PS 3-3.5) Leader: Ari Shifron (812-272-6926 cell)

1:00 PM GET TO KNOW CARMEL'S CENTRAL PARK You've seen Central Park as you've strolled by on the Monon, but do you really know all that this park offers? Join us on a 5 mile hike as we take in the park's diverse wildlife habitats and recreational amenities, plus adjacent neighborhoods. Access the Monon Center EAST LOT, via Central Park Drive, just off Rangeline Rd/Westfield Blvd between 111th and 116th Streets. Park at the northwest end of the parking lot close to the Monon Center. **PLEASE WEAR A HIKING CLUB T-SHIRT!** We'll meet at the concrete spheres next to the center for a group picture before we begin. Note: While mostly flat, hike does have a few stairs as we need to go up and down to bridge over water. It is unknown whether public restroom will still be open after Labor Day. (Map #51) (F,PS,3) Leaders: Marla Zinkan (317-403-5621) and Dori Davis (317-250-4939)

1:30 PM MCCORMICK'S CREEK STATE PARK PART 2 (MODERATE PACE) After lunch break for those interested we will move the cars to the Nature Center and hike to Wolf Cave for about 3 miles. (M,NS/PS,3) Leader: Cheryl Smolecki (317-696-8922 cell)

Monday, September 26

9:00 AM CLEAR THE COBWEBS See Monday, August 8

9:15 AM SOUTHPORT PARK See Monday, August 1

9:30 AM BROAD RIPPLE PARK AND BEYOND See Monday, August 22

5:00 PM GREENWOOD MALL - MONDAY AFTERNOON See Monday, August 1

6:00 PM EXPLORE FISHERS IN THE EVENING See Monday, August 1

6:00 PM BROAD RIPPLE EVENING HIKE See Monday, August 1

Tuesday, September 27

9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See Tuesday, August 2

9:30 AM SOUTHWESTWAY PARK See Tuesday, August 2

9:30 AM FORT HARRISON STATE PARK See Tuesday, August 2

9:30 AM CLERMONT NEIGHBORHOODS See Tuesday, September 6

9:30 AM MERIDIAN WOODS See Tuesday, August 2

10:30 AM EASTSIDE NEIGHBORHOODS See Tuesday, September 13

1:30 PM BUTLER-TARKINGTON NEIGHBORHOOD WALK See Tuesday, September 6

6:00 PM SHEEK ROAD See Tuesday, September 6

Wednesday, September 28

9:00 AM BRISK WALK IN THE WOODS See Wednesday, August 3

9:00 AM AMPHITHEATER ROAD HIKE See Wednesday, August 3

9:00 AM MEADOWLARK PARK, CARMEL See Wednesday, August 3

9:00 AM SODALIS NATURE PARK See Wednesday, August 24

9:00 AM FORT HARRISON ON WEDNESDAY See Wednesday, August 3

9:30 AM DOWNTOWN INDY ON THE CULTURAL TRAIL See Wednesday, August 3

9:30 AM PIKE LIBRARY AND NORTHWESTWAY PARK See Wednesday, August 3

4:30 PM EXPLORE ZIONSVILLE See Wednesday, August 3

5:00 PM GREENWOOD PARK MALL - WEDNESDAY AFTERNOON See Wednesday, August 3

Thursday, September 29

9:00 AM THE OTHER THURSDAY MORNING HIKE See Thursday, August 4
 9:30 AM EASY AT EAGLE CREEK - FIVE MILE See Thursday, August 4
 9:30 AM EASY AT EAGLE CREEK - FOUR MILE See Thursday, August 4
 9:30 AM EASY AT EAGLE CREEK - THREE MILE See Thursday, August 4
 6:00 PM FORT HARRISON/LAWRENCE See Thursday, August 4

Friday, September 30

7:00 AM FRIDAY MORNING ON THE MONON TRAIL See Friday, August 5
 8:30 AM EARLY BIRD IN ZIONSVILLE See Friday, August 5
 9:00 AM TGIF IN EAGLE CREEK PARK See Friday, August 5
 9:00 AM FLAT FORK CREEK PARK, FISHERS See Friday, August 5
 9:00 AM PENNSY TRAIL See Friday, August 5
 9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See Friday, August 5
 6:00 PM BUTLER, TOWPATH AND NEARBY NEIGHBORHOODS See Friday, September 2

FUTURE EVENTS:

WINTER BANQUET - Sunday, December 4 Once again, we will have our catered annual banquet again at Nativity Catholic Church on Sunday afternoon. We will honor 2022 Achievement Award winners and new 25 year members.

WINTER WEEKEND - ABE MARTIN LODGE, BROWN COUNTY STATE PARK – March 3-5, 2023 We will be going to a new location in 2023 for our traditional Winter Weekend. To make your reservations, call 1-877-563-4371, choose option # 1, choose option # 1 again, give reservationist the Group Code: 0303IH. The above instructions are from the group sales contract with Abe Martin Lodge. Base rate for most of the rooms (Historic double queens and Patio Kings) is \$134.99. Our block of rooms will be released February 3, 2023 so be sure to make your reservations before that date. Information about hikes and social gatherings will be provided in future schedules. Contact Mary Ann Layman (home 317-346-1802) or malayman@earthlink.net if you have any questions.

26TH ANNUAL SMOKY MOUNTAINS NATIONAL PARK – April 18-20, 2023. Mark your calendar for the Annual Club Trip to Smoky Mountains National Park. We are again scheduling the hike mid-week (Tue-Thu). It's not too early to make your room reservations in Gatlinburg, TN. Most members stay at Riverhouse at the Park (865-436-2070). Bearskin Lodge on the River (865-430- 4330) is another good choice. There will be a range of morning, afternoon and full-day hikes. More to come. Contact John Schlechte (317- 294-2021 cell or jschlechte@fastmail.com).

PLEASE WELCOME THE FOLLOWING NEW MEMBERS:

Lola Butcher	Carmel, IN	Cynthia Edwards	Indianapolis, IN
Susan Hunt	Indianapolis, IN	Janice Schaefer	Zionsville, IN
Asron Shifron	Fishers, IN	Hartkopf, Michael	Indianapolis, IN
LeClerc, Jim	Plainfield, IN	Karen LeClerc	Plainfield, IN
Marcus Price	Lebanon, IN	Donna Coomes	Indianapolis, IN
Deborah Ehlers	Indianapolis, IN	Sally Endos	Indianapolis, IN
Marian Fahy	Indianapolis, IN		

PLEASE WELCOME BACK THE FOLLOWING REINSTATED MEMBERS:

Judy Hackett North York, Canada

RECENT MILEAGE AWARDS:

Allan Roberts	45,500	Jo Anne Starzyk	11,000	Deborah Bucholz	1,000
David Kincaid	31,000	Mike Seeman	10,500	David Kollmeyer	1,000
Michele Kestle	26,000	Kate Curtiss	9,000	Nancy Goldfarb	400
Tish Brafford	25,000	Lothar Nitz	4,000	Beth Baker Schoch	300
Jim Griffin	17,000	John Triplett	4,000	Mike Lindstedt	300
Kae Ramey	15,500	Rick Wortman	4,000	Mike Lindstedt	200

Janet Cohen	13,000	Tammy Mathew	3,500	Kenny Nichols	200
Mike Khalil	12,500	Mary Barbara Miller	3,000	Miriam Wells	100
Marge Braun	11,500	Tom Seeman	2,500	Gene Wisner	100
Phil Smith	11,000	Patty Hechinger	1,500		

MEMBER NEWS: We extend our sympathy to the family and friends of the following members:

Former long time (80's-early 2000's) member John Woodard (94) passed away in July. John hiked frequently with the club and worked with Nell Larrison and he and his wife were good friends of Bill and Nell.

Long time Hiking Club member Dick Bacon, 80, passed away on July 14. Although towards the end he hiked with the aid of a walker, Dick led hikes three days a week at Castleton Mall until 2019.

We wish the best to the following members:

Jeff and Susan Roberts report that their daughter Rene is in the hospital and remains in serious condition. The family is taking it one day at a time. Thank you for all of the prayers and positive thoughts.

Long time member, Claudia Clark, is facing some health issues and could use some cheering up. A "thinking of you" card would mean so much to her. She and her husband Ron used to lead hikes at Eagle Creek, the Eiteljorg Museum and at their Zionsville home to taste many varieties of their home grown tomatoes. If so moved, please send a card to her at the following address: Claudia Clark, Bickford of Carmel, 5829 East 116 St, Carmel, IN 46033

NOTES OF APPRECIATION:

A big shout out to all Indianapolis Hiking Club members who recognized my Military Service by sending Thank You and Welcome Home wishes to my attention for the "Mail Call" on the Indy Honor Flight. I would like to give a special thank you to Pat Lawler, who was present when we departed in the morning and again when we returned home after a special day. It was a once in a lifetime experience and particularly poignant that this journey coincided with Armed Forces Day when we honor, remember and thank those who served our country across the generations. Your support, tributes and expressions of respect and gratitude were deeply appreciated, humbling and quite moving. There were 86 veterans on the flight: WWII-3, Korea-4, Korea/Vietnam-1, Vietnam-78; 40 Army, 17 Navy, 18 Air Force, 10 Marines and 1 Army Air Corps. Thanks again, *Mike Seeman*

I would like to thank everyone for the cards and notes on my recent Indy Honor Flight trip to Washington DC on June 4th. It was truly a memorable and emotional trip I will not soon forget. I received over 50 cards and letters on the plane during "Mail Call" on the return flight on Saturday evening. They are all very special to me. Thanks again for your love and support. *Jeff Roberts*

WANT MORE INFORMATION? For more information about our Club, including history, past hike schedules, how to join, contacts, etc. please visit our website at www.indyhike.org or contact our Membership Officer Marti Burton, 8812 River Ridge Dr, Brownsburg, IN 46112 (317-306-9878, mjburton51@hotmail.com). To become a member you must be 18 years old and have hiked with us at least twice as a guest. That's it. A Membership Application may be printed from the "forms" page on the website or ask Marti to send you one. You do not have to be invited to hike with us and there is no fee. Simply show up for any hike 10 minutes before the scheduled start time (we start on time), but please no pets unless the hike is designated as a "pet hike."