



The Indianapolis Hiking Club

www.indyhike.org

Happiness - A Step at a Time



SCHEDULE FOR JUNE AND JULY 2017

(Please – no pets except on designated pet hikes)

Celebrating 60 Years of Sponsoring Hikes and Outings

HIKE RATING SYSTEM - Shown in parentheses at the end of each hike

	<u>TERRAIN</u>		<u>SURFACE</u>		<u>SPEED</u>
H (Hilly)	Continuously	NS (Natural)	Primarily Soft		Walking Speed in MPH,
M (Mixed)	Hilly & Flat	HS (Hard)	Packed Dirt or Gravel		not including breaks
F (Flat)	Few Hills	PS (Paved)	Concrete or Blacktop		(e.g., 3.0 is 20 min/mile)

Guests are welcome on all hikes. Hikers should arrive at the meeting location at least 10 minutes early, which will enable the leader to complete sign-ups and start the hike on time. Interested in leading a hike? Contact Pathfinders: Jean Ballinger (317-696-2120) jeanballinger77@gmail.com for weekend hikes or Ed Wright (317-219-5536) ewright@indyhike.org for weekdays.

SRA AND BOOK CLUB HIKES: Joe & Cecelia Keller rescheduled their SRA hike at Salamonie Lake on June 11 and Terry Roesch is leading an SRA hike to Cecil Harden Lake (Racoon SRA) on June 24. Katy Smith will lead a Book Club hike on June 20 and Marti Burton will lead one on July 18. See hike descriptions on the appropriate dates for specifics.

FREE ENTRY TO EAGLE CREEK PARK FOR THE PICNIC: Thanks to the efforts of Chuck Turner and his trail maintenance volunteers, this year our members and guests will not have to pay to enter Eagle Creek park to attend the Club picnic on Saturday, July 29. If you have not purchased an annual park pass, entry would normally cost \$6 per car. When you enter the park simply present the gate attendant the authorization form that is attached as the last page in this schedule. If you misplace the authorization you may print one from the website forms page (www.indyhike.org/forms.shtml).

REQUESTED DONATIONS AT THE CLUB PICNIC: Similar to last year we are encouraging everyone to bring school supplies and picture dictionaries for children in underserved areas to this year's Club picnic on Saturday, July 29 at Eagle Creek Park. Many of these children are new immigrants and are being settled in Indianapolis. See the description on July 29 for a list of the supplies that are needed or contact our Social Chairperson Janet Cohen at 317-873-6586 or by email at janetcohen48@hotmail.com. We look forward to another big turnout at this year's picnic.

ABSOLUTELY AMAZING: Congratulations to Rita Bymaster and Theresa Ray who on April 30 hiked 62 miles (100K) from Washington DC to Harpers Ferry, WV tying our Club's single day long distance record. This is the 8th time for Rita and the 2nd time for Theresa. This year's accomplishment was especially noteworthy considering that the temperature exceeded 90 degrees, highest in the 20 year history of the event (temperature was 73 degrees at the 3:00 AM start). The humidity was also unseasonably high. Theresa suffered bad blisters, which a doctor patched up at a rest stop, and Rita stumbled to the finish severely dehydrated, but they both finished with a good time.

PRESIDENTS CORNER: Greetings,

Hiking Health Benefits: As Indianapolis Hiking Club members we have a general idea that hiking is good for our health. But, are you aware of the specific health benefits of hiking from the Diabetes Council listed below?

1. Decrease bad cholesterol and increase good cholesterol
2. Reduce chance of stroke and developing cardio vascular diseases
3. Stimulate bone strengthening and slow down bone density loss
4. Increase stamina

Access a Google map pointing to the hike meeting location at www.indyhike.org/locations.shtml if you see a reference at the end of a hike description in the following format (Map #24).

5. Relieve stress
6. Improve muscular fitness
7. Lower risk of hypertension
8. Improve pulmonary endurance
9. Lower risk of colon, breast, lung, and endometrial cancer
10. Boost vitamin D

The benefits of hiking can also be expressed in economic terms. Dr. Michael Roizen, Chief Wellness Officer at the Cleveland Clinic, estimates that if Americans walked 10,000 steps (about 5 miles) a day, health care costs would be reduced by more than \$500 billion a year.

Preservation of State Forests: Politics and economic benefit should not determine how Indiana's forests are managed. But, that appears to be what's happening with an unprecedented increase in commercial logging in state-owned forests. The Indianapolis Hiking Club expressly avoids actions or activities that might promote controversy or divisiveness, or favor any commercial, political, or special interest group. Therefore, IHC will not take an official position on this issue. But, I believe it's important for members to understand the consequences of the current state forest management practices.

Chuck Turner, Director of Conservation, has been involved in this issue and worked with the Indiana Forest Alliance during the recent legislative session to pass Senate bill 420 which called for protecting 10% of state-owned forest from logging. Chuck wrote a Letter to the Editor that appeared in a recent Indianapolis Star. With Chuck's permission, I've reprinted that letter below:

Don't cut trees in state forests. Your state forests are being sold and cut down at alarming rates. Our Department of Forestry that is charged with preserving and protecting our forests is actually selling our trees to fund itself. As a hiker and camper it has become incredibly disheartening to go into the state forest to see vast areas that were full of beautiful trees that took a 100 years to grow and now see the roads built by the state for the loggers, the trees marked to be cut, and the wide swaths destroyed. I know many people who do not want to visit our woods anymore because of the destruction you witness. These forests are the people's forests, not the state's to sell to the highest bidder. We have very limited natural places to visit in our state, so how can we live with the decision to sell these forests for pallets, wood fuel pellets and overseas buyers?

Unfortunately, Senate bill 420 didn't make it out of committee. Chuck Turner and the Indiana Forest Alliance continue to work to preserve our state-owned forest. If you would like to know more or are interested in helping, contact Chuck by email at chaslee08@yahoo.com.

Crown Hill Cemetery Old Growth Woods On Friday May 5th the Veterans Administration and Crown Hill Cemetery jointly announced a deal that will save the old growth woods located at Crown Hill Cemetery for the foreseeable future. The deal was made possible by the work of Indianapolis Mayor Joe Hogsett and Senator Joe Donnelly who mediated the debate behind the scenes.

The Veterans Administration agreed to swap the 15 acres purchased from Crown Hill Cemetery in 2015 for \$810,000 for a similar-sized grassy plot adjacent to the woods. Construction of a columbaria for veterans, with initial space for 2,500 urns, will begin soon. The woods will not be impacted by this construction. The Indiana Forest Alliance is now working to establish the woods as a nature preserve, so that the woods can be enjoyed by everyone. I stated in the last President's Corner: "In a political environment where it seems no one listens to or respects the opinions of others, it's encouraging that a solution may be found that both honors veterans and preserves this forest." Now that such a solution has been found, it gives one hope.

Entering Hike Mileage: Hike miles no longer have to be entered into the mileage database by just one person, a very labor intensive job. Bob Hackenberg recently developed a new website feature that allows hike leaders to enter the mileage for the hikes they lead. Currently, 15 hike leaders take advantage of this streamlined process, which is simple and very quick. If you lead hikes and are interested in entering the miles please email Karen Zimmerman, Mileage Officer, at kzimm729@gmail.com and she will get you started.

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See you on the trail,
Phil Smith
IHC President

HIKE SCHEDULE:

Thursday, June 1

- 9:00 AM FALL CREEK TRAIL Meet at the Walmart located at 5550 Fall Creek Pkwy N Dr at the corner of 56th St and Fall Creek Pkwy. Main entrance is the first right off of Fall Creek Pkwy. Park in the rear of the west lot behind the Starbucks. This will be a 6-mile self guided hike on the Fall Creek Trail either north or south. Hike repeats every Thursday in June and July. The leaders will alternate route and whose leading. (Map #45) (F,PS,3-3.5) Leaders: Tish Brafford (317-251-8907, 317-531-6700 cell) and Elaine Wright (317-753-5516)
- 9:30 AM EASY (AND NOT SO EASY) AT EAGLE CREEK Meet at the Earth Discovery Center parking lot in Eagle Creek Park (fee), which is located off of 56th St just west of the Colts facility. Choose from three hike options: a moderately paced 5-mile hike over, around, up and down through the woods (M,NS,2.5-3); a 4-mile slower hike mostly on groomed trails (M,NS,2.5); or a 3-mile easier road hike (M,PS/HS/NS,2.5). These hikes are popular with new members and guests and usually draw a crowd. Hikes repeat every Thursday in June and July. Note, following next Thursday's hike Pat Lawler is inviting everyone to her house for a picnic (See June 8 write-up). (Map #17) Leaders: Ed Wright (317-219-5536), Bob Kriz (317-882-7063), Marsha Hutchins (317-251-9078) and various others.
- 4:00 PM IMA HIKE The Indianapolis Museum of Art has free admission on the first Thursday of each month from 4-9 PM. We will take advantage of it on this day for a hike through the gardens, on the towpath and possibly in the 100 acre park. You can tour the museum after the hike. We will meet in the parking lot on the grounds near 38th St. The museum is located at 4000 Michigan Rd, Indianapolis 46208. (M,NS/PS,3-3.5) Leaders: Mary Williams (317-919-8574) and June Sergi (317-372-3018)
- 6:00 PM FORT HARRISON/LAWRENCE From I-465 E go east on 56th St and turn left on Lee Rd. Meet in the back parking lot of the YMCA on Lee Rd for 6-8 mile hike. Hike repeats each Thursday in June and July. (F,PS,3.5) Leader: Rick Braun (317-679-2972)

Friday, June 2

- 8:00 AM CASTLETON MALL WALK Meet at food court near Dick's on the north side of Castleton Square between the hours of 8-10 AM for a self-guided hike of up to 12 miles with shorter options. Hike repeats each Friday in June and July. (F,PS) Leaders: Rick Kinnaman (317-407-9746) and Dick Bacon (317-585-8742)
- 8:00 AM EARLY BIRD IN ZIONSVILLE Susan will lead a brisk 6-mile road hike. Janet will lead a slower 4-5 mile option. Expect a different route each week through scenic Zionsville. From I-465 N take Michigan Rd north to 116th St. Turn left (west) and go to downtown Zionsville and turn right on 1st St (one block past Main) and then left on Oak St. Take Oak St to the Zionsville Town Hall parking lot at 1100 W Oak St across from McDonalds. Join us for coffee after the hike. Hike repeats every Friday in June and July. (Map #34) (M,PS,4 or 3) Leaders: Susan Sievers (317-344-2635, 317-513-5239 cell) and Janet Cohen (317-873-6586)
- 9:00 AM BROWN COUNTY STATE PARK From I-465 S take I-65 south to Columbus exit and SR 46 west to Brown County SP (fee) or take SR 135 south to Nashville and turn left (east) on SR 46 to the park entrance. After entering the park follow signs to the Rally campground. Turn right when you see the sign for the campground registration. On your immediate right and just before you go through the campground gate is the parking lot. Meet there for a 10 mile hike on trails. (M,NS,2) Bring snacks and water. Hike repeats on July 7. Leader: Edeltraud Evans (812-322-3972)
- 9:00 AM TGIF! Join us for a 6 or 8 mile road or trail hike. Meet in Eagle Creek Park (fee) at lot just inside 56th St entrance that is just west of the Colts facility. Hike repeats on all Fridays in June and July. (Map #40) (M,PS/NS,3-3.5) Leader: Phil Smith (317-443-3955)
- 9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL From I-70 in downtown Indy go south on I-65. Exit on Raymond St (exit 109) and go right (west) on Raymond about 1/2 mile to Pleasant Run Pkwy N Dr

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and turn left (south) go to the next stoplight. Turn left onto Pagoda Dr, then turn left again and park next to the swimming pool. This is a 5-6 mile hike in various neighborhoods surrounding Garfield Park. Hike repeats every Friday in June and July. (Map #52) (F,NS/PS,2.5-3) Leader: Glee Crowder (317-859-8159)

6:00 PM BUTLER CAMPUS AND NEARBY NEIGHBORHOODS This is a 5-mile hike through the Butler campus, the Canal Towpath and nearby neighborhoods. Meet near Door #1 at the front of Hinkle Fieldhouse, which is located on 49th St, west of Boulevard Place. Hike repeats every Friday in June and July. (Map #32) (M,PS/NS,3.5) Leader: Jim Griffin (317-294-1121)

Saturday, June 3

7:30 AM RISE AND SHINE Meet in Broad Ripple at the free parking lot ½ block south of Broad Ripple Ave on Carrollton Ave for an 8 mile guided hike. Hike will be done in time for those that wish to do the Ten at Ten. Hike repeats each Saturday in June and July. (F,P/NS,3.5-4) Leader: Rick Braun (317-679-2972)

8:00 AM WESTSIDE PARK, GREENWOOD This will be an 8-mile walk with a 5-mile option in parks and neighborhoods in Greenwood. Take US 31 south to Main St. in Greenwood. Go west on Main St to the bottom of the hill and park at Westside Park on the right. Walk repeats every Saturday in June and July. (F,PS,3.5) Leader: Glee Crowder (317-859-8159)

9:00 AM PENNSY TRAIL Enjoy a 6-12 mile hike on the paved Pennsy Trail. From I-465 E take I-70 east to Greenfield exit. Turn right on SR 9 and then left on New Rd (light by Starbucks). At roundabout, go right (south) on Apple St. After you cross US 40, look for the Pennsy trailhead parking lot on the right. This is a new trailhead with restrooms. Repeats each Saturday in June and July. (F,PS,3-3.5) Leader: Julie Litten (317-407-4652)

10:00 AM TEN AT TEN Meet in the free parking lot ½ block south of Broad Ripple Ave on Carrollton Ave for a self-guided 6 or 10-mile hike. Repeats each Saturday in June and July. (F,PS) Leaders: Mike Khalil (317-635-2028) and Rick Braun (317-679-2972)

10:00 AM LET'S TAKE A GAMBLE ON THIS HIKE AT FRENCH LICK This will be a two-part hike in French Lick, Indiana. Meet in front of the Valley Links Golf & Activities Center behind the French Lick Springs Hotel. Restrooms are available at the Activities Center. The morning hike will be a 5-mile woods hike. There will be a lunch break between hikes. There are a few quick-serve places to eat at in the hotel, and across from the hotel there are a few restaurants or you may want to bring along a sack lunch and enjoy sitting on the porch of the French Lick Springs Hotel. Allow 2 ½ hours from I-465 S. Take SR 37 south to Paoli, take the first right on the Courthouse circle in Paoli following IN 56 west to French Lick. Turn right at the main entrance of the French Lick Springs Hotel and follow the self-parking signs to the parking garage (near casino) which is near the Valley Links Golf Center. There is plenty of surface parking or you can park in the parking garage. (M,NS,2.5-3) Leaders: Tim and Kathy Braun (317-408-3051 Tim cell, 317-625-3486 Kathy cell)

1:30 PM FRENCH LICK – PART TWO Meet in front of the Valley Links Golf & Activities Center for a 3 mile hike on paved surfaces to the West Baden Hotel and back to the Activities Center. (F,PS,2.5-3) Leaders: Tim and Kathy Braun (317-408-3051 Tim cell, 317-625-3486 Kathy cell)

Sunday, June 4

9:00 AM WALK AND WORSHIP From I-465 N, exit on Michigan Rd heading south, turn left at first light (92nd. St.) and go ¼ mile to the Beef and Boards Dinner Theatre on the left. Meet in the parking lot in front of Beef and Boards. This will be a 5 mile walk with a 4 mile option on paved roads. Hikers may choose to stay for a 45-minute non-denominational, contemporary religious service at the Garden at Beef & Boards. Repeats each Sunday in June and July. (F,PS,3.5) Leader: Marti Burton (317-306-9878)

9:00 AM BROAD RIPPLE Meet in the free parking lot ½ block south of Broad Ripple Ave on Carrollton Ave for a guided 6 mile hike with option for up to 4 additional (self-guided) miles. Repeats each Sunday in June and July. (Map #16) (F,PS,3-3.25) Leader: Kathy Whalen (317-409-3265)

2:00 PM SPEEDWAY DAREDEVIL Meet in front of Daredevil Brewing Co, 1151 Main St, Speedway for a 5-mile hike. Afterwards enjoy a beer (and early dinner) in the first newly constructed production brewery built in Indianapolis since prohibition. From I-465 W, take the 10th St exit and go east 1.4

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miles to Main St. Turn left on Main St and go 0.2 mi. to Daredevil on the right. There is parking along Main St or a lot off Gilman St in back of the brewery. (F,PS,3) Leader: Jean Ballinger (317-696-2120)

Monday, June 5

- 9:00 AM LET'S EXPLORE BROAD RIPPLE Meet in free parking lot that is ½ block south of Broad Ripple Ave on Carrollton Ave for a 6-mile hike with a 5 mile option. Repeats on June 19 and July 3 and 17. (Map #16) (M,NS/PS,3-3.25) Leader: John Gaebler (317-575-8490)
- 9:00 AM MORNING CONSTITUTIONAL Meet in Eagle Creek Park (fee) at lot just inside 56th St entrance just west of the Colts facility for a 6-mile road hike. Repeats on July 3. (Map #40) (M,PS,3.5) Leader: Kate Curtiss (317-247-0283)
- 9:30 AM SLOW & EASY AT CROWN HILL CEMETERY From the 700 block of West 38th St, go north on Clarendon Rd to the cemetery entrance. Meet at north end of first parking lot. Options of 3, 4 and 5 miles. Repeats on June 19, July 3 and 17. (Map #42)(M,PS/NS,2.5-3) Leader: Marsha Hutchins (317-251-9078, 317-439-1468 cell)
- 6:00 PM BROAD RIPPLE Meet in free parking lot that is ½ block south of Broad Ripple Ave on Carrollton Ave for a hike of 5-6 miles. Repeats on Mondays in June and July, except July 3 and 31. (Map #16) (F,PS/NS,3-3.5) Leader: Jean Ballinger (317-696-2120)
- 6:00 PM EXPLORE FISHERS Meet at Mama Bears Coffee Shop parking lot at the northwest corner of Fall Creek Rd and Brooks School Rd for a 6-8 mile hike through neighborhoods. Hike repeats each Monday in June and July. (F,PS,3.5) Leader: Rick Braun (317-679-2972)
- 6:00 PM GREENWOOD PARK MALL Sign in at the food court between the hours of 6-7:30 p.m. for a self-guided hike of up to 6 miles with shorter options. If the weather is nice we will probably walk outside. Hike repeats every Monday in June and July. (F,PS) Leader: Glee Crowder (317-859-8159)

Tuesday, June 6

- 9:00 AM AVON AND OVER THE BRIDGE From I-465 W go west on Rockville Rd (US 36) about 2.5 miles. Meet in northwest corner of the Meijer parking lot located at the southwest corner of Raceway and Rockville Rd, across from the Chick-fil-A. On this 6-mile hike we will visit some neighborhoods in Avon and walk across the Ronald Reagan Bridge. (F,PS,3) Leader: Pat Lawler (317-329-2779 or 317-652-2779 cell)
- 9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL This is a 1-12 mile self-guided hike (most people do 6 miles) on the Monon Trail. From the intersection of 116th St and Westfield Blvd/Rangeline Rd in Carmel go south to Central Park Dr (first intersection on right). Turn right (west) on Central Park Dr and go to the parking lot at the end. Meet on the Monon Trail under the walkway between the two buildings near the skateboard park. Hike repeats every Tuesday in June and July. (Map #51) (F,PS) Leader: Jo Anne Starzyk (317-771-0914)
- 9:30 AM RIVER ROAD PARK We will hike the trails in River Road Park in Carmel down to the White River and explore paved walking trails in nearby neighborhoods for 6 miles. From I-465 N take Keystone Ave north to 116th St and turn east, go 2.4 miles to River Rd. Turn north onto River Rd and go 1.2 miles to River Road Park. Note you will pass River Heritage Park. Park in the south lot. There are restrooms at the park. Please join us for lunch after the hike. (F,PS/NS,3) Leaders: June Sergi (317-372-3018) and Cherie Voegel (317-848-7674)
- 9:30 AM MERIDIAN WOODS AND TRAILS Join us for a south side 5-6 mile hike in Meridian Woods and nearby neighborhoods on mostly paved trails. On Indy's south side, go south on SR 135 and turn right onto West Banta Rd. Go about ½ mile and turn left off into Woodside Community Church, 329 West Banta, which is just past Lockwood Lane. Meet in the parking lot. Seek a restroom before you arrive since there are none on the hike. Repeats every Tuesday in June and July. (F,PS,3) Leader: Glee Crowder (317-859-8159)
- 6:00 PM HOMECOMING IN UNIVERSITY PARK From I-65 S take exit 99 - Main St in Greenwood. Go east about one mile and turn right into a subdivision called "Homecoming in University Park". Go to the traffic circle and turn right. Park by the swimming pool. This hike is 5 miles on sidewalks and

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blacktop footpaths through wooded areas, with shorter options. Hike repeats each Tuesday in June. (F,PS,2.5-3) Leader: David Kincaid (787-6593, 864-9574 cell)

Wednesday, June 7

- 8:00 AM CASTLETON MALL WALK Meet at food court near Dick's on the north side of Castleton Square between the hours of 8-10 AM for a self-guided hike of up to 12 miles with shorter options. Repeats each Wednesday in June and July. (F,PS) Leader: Dick Bacon (317-585-8742)
- 9:00 AM BRISK WALK IN THE WOODS This 7-8 mile brisk all trail hike is a great way to stay in shape. Meet in Eagle Creek Park (fee) at lot just inside the 56th St entrance. Hike repeats each Wednesday in June and July. Join us at Starbuck's after the hike. (Map #40) (M,NS,3-3.5) Leaders: Jeff Edmondson (317-733-0143 or 317-450-2526 cell) or Chuck Turner (317-777-2594)
- 9:00 AM AMPHITHEATER ROAD HIKE If country roads are calling your name, this is the hike for you. Join me for a 5, 6 or 10 mile hike and enjoy the countryside by hiking down a beautiful winding road. Park at my house at 688 N 900 W, Arlington, IN 46104. From I-465 SE exit on Brookville Rd (US 52) heading east for approximately 25 miles to CR900W and turn right. Go past 2 crossroads on 900W. My house is the 2nd house on the left past the 2nd crossroad. My address is on the mailbox. Repeats every Wednesday in June and July. (F,PS,3-3.5) Leader: Julie Litten (317-407-4652)
- 9:15 AM SOUTHPORT PARK Meet at 6901 Derbyshire Rd behind the Southport Police Station for an 8-mile hike. Repeats each Wednesday in June and July. (F,NS/PS,3) Leader: Glee Crowder (317-859-8159)
- 9:30 AM SLOW AND EASY ON THE CULTURAL TRAIL Join us for a 4-5 mile walk in downtown Indy and surrounding neighborhoods. Expect a different route each week. Meet at Shapiro's Deli at 808 S. Meridian St (at McCarty St). Please park on the southwest portion of the lot away from the building. Repeats each Wednesday June and July. (Map #41) (F,PS,2.5-3) Leaders: Harold Crooks (317-730-4850)
- 4:30 PM EXPLORE ZIONSVILLE This will be a 5-mile hike through quaint neighborhoods, the Zionsville Rail Trail and possibly Starkey Park. Meet in Zionsville Town Hall parking lot at 1100 W Oak St across from McDonalds. From I-465 N take Michigan Rd north and turn left (west) on 116th St and go to 1st St in downtown Zionsville. Go right on 1st St then left (west) on Oak St to the town hall. Hike repeats each Wednesday in June and July. (Map #34) (F,PS,3.5) Leader: Janet Cohen (317-873-6586) and various others.
- 6:00 PM DOWNTOWN EVENING HIKE This will be a 5 or 7 mile self guided hike in downtown Indy. Meet at the northeast corner of the Marsh at Lockerbie parking lot at 320 N, however we cannot guarantee that this lot will be available in which case you would need to park on the street. Hike repeats every Wednesday in June and July. (Map #26) (F,PS) Leader: John Lyghtel (317-578-9756, 317-626-9117 cell)
- 6:00 PM GREENWOOD PARK MALL Sign in at the food court between the hours of 6-7:30 PM for a self-guided hike of up to 6 miles with shorter options. If the weather is nice we will probably walk outside. Hike repeats every Wednesday in June and July. (F,PS) Leader: Glee Crowder (317-859-8159)

Thursday, June 8

- 9:00 AM FALL CREEK TRAIL See June 1.
- 9:30 AM DOWNTOWN AND STRAWBERRY FESTIVAL Meet at Shapiro's Deli at 808 S. Meridian St (at McCarty St) for a 5-6 mile hike, which will include a stop to enjoy the Christ Church Cathedral Women's Strawberry Festival. Please park on the southwest portion of the lot away from the building. (Map #41) (F,PS,3) Leader: Jean Ballinger (317-696-2120)
- 9:30 AM EASY (AND NOT SO EASY) AT EAGLE CREEK See June 1. Note, after today's hike everyone is invited to Pat Lawler's house for a pitch-in lunch. Pat will provide pizza, drinks, plates and cups. At the hike Pat will provide a map to her house.
- 6:00 PM FORT HARRISON/LAWRENCE See June 1.

Friday, June 9

- 8:00 AM CASTLETON MALL WALK See June 2.

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- 8:00 AM EARLY BIRD IN ZIONSVILLE See June 2.
- 9:00 AM TGIF! See June 2.
- 9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See June 2.
- 10:00 AM WILLIAMS MILWAUKEE TRAIL Allow 1/ 3/4 hours from I-465 S. Take SR 37 south and in Bedford turn right on SR 450. SR 450 quickly turns left in 0.1 mile. Follow for 3.2 miles and turn left on Coxton Rd. Go 0.6 mile and you've reached trailhead on right. Located in the heart of limestone country, this 10 mile continuation hike on Indiana's newest rail trail includes limestone bluffs, tree canopies, scenic waterways and beautiful scenery. Shorter options are available. (M,NS,2.5-3) Leader: Nanette Tate (812-254-8456 cell)
- 10:00 AM SLOW AND EASY MORNING STROLL AT FORT HARRISON STATE PARK From I-465 E take 56th St east to Post Rd and turn left. Park entrance (fee) is located at 59th and Post Rd. Meet at the Delaware Lake Parking Lot for a 4 mile stroll (2 mile option) through the woods and open areas. Bring water and insect repellent. (M, NS/PS, 2.5) Leader: Wilma Bailey (317-293-0051)
- 6:00 PM BUTLER CAMPUS AND NEARBY NEIGHBORHOODS See June 2.

Saturday, June 10

- 7:30 AM RISE AND SHINE See June 3.
- 8:00 AM WESTSIDE PARK, GREENWOOD See June 3.
- 9:00 AM PENNSY TRAIL See June 3.
- 9:30 AM MIAMI WHITEWATER FOREST, OHIO Allow 2 hours (85 miles) from I-465 and I-74 SE. Take I-74 toward Cincinnati. Take exit 3 in Ohio. Turn left on Dry Fork Rd and go to the first street, West Rd, and turn right. Turn left into park (fee \$2). Take park road all the way to the lake. Follow signs to "Golf Course / Bike Trail." Meet in front of Nature Center. Hike is 8-mile loop on asphalt multiuse trail. There will be three water fountain stops and a bathroom at the halfway mark. (F,PS,3) Leader: David Kincaid (317-787-6593, 317-864-9574 cell)
- 9:30 AM KARLEEN HUNECK MEMORIAL HIKE AT McCORMICK'S CREEK STATE PARK From I-465 SW take SR 67 southwest to Spencer and SR 46 east to the park (fee). Meet in the Inn parking lot for a 6-7 mile hike. Afterwards, have lunch at the Inn. Please bring your favorite Karleen story to share with the group. (Map #24) (M,NS,3) Leaders: Jean Ballinger (317-696-2120 cell) and Barbie McNeely (317-392-2018)
- 10:00 AM TEN AT TEN See June 3.

Sunday, June 11

- 9:00 AM WALK AND WORSHIP See June 4.
- 9:00 AM BROAD RIPPLE See June 4.
- 10:00 AM INDIANA SRA HIKE – SALAMONIE LAKE From I-465 go north on I-69 to exit 278 (SR 5). Go 1.6 miles north and turn west on SR 124. Go 11.3 miles to SR 105. Go 1 mile north on SR 105. Turn left. Go 0.2 miles. Turn right into property. Follow signs to Interpretive Center. Park at Bloodroot Trailhead lot. Entrance fee or state park pass needed for 6-7 mile hike on Bloodroot and Kin-Ti-On-Ki trails. Bring trail lunch, water, poles etc. (M,NS,2-2.5) Leader: Joe and Cecilia Keller (317-379-6608)

Monday, June 12

- 8:30 AM NONIE WERBE KRAUSS NATURE PRESERVE This is the first time we will visit this 77 acre nature preserve in Fishers, just east of the Carmel border. On this 5-6 mile hike we will also hike in River Road Park, nearby Carmel neighborhoods and Carmel Founders Park. Meet at River Road Park in Carmel. From I-465 N take Allisonville Rd north to 116th St and turn left (west). Go about one mile to River Rd, which is on the right just after you pass over the White River. Turn north on River Rd and go 1.2 miles to River Road Park. Note you will pass River Heritage Park. Meet in the north lot near the restrooms. Note, if you are traveling east on 116th to River Rd allow extra time since you will may have to detour around the intersection at 116th St and Hazel Dell Pkwy due to construction of a roundabout. If so, detour up to 126th St and go east to River Rd and then south to River Road Park. (F,PS,NS,3-3.5) Leader: Ed Wright (317-219-5536)

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- 9:00 AM CLEAR THE COBWEBS Meet in Eagle Creek Park (fee) at lot just inside 56th St entrance for a 6 or 8-mile road hike. We will walk together for the first 3 miles to the restroom, then faster hikers may go on at their own pace. Hike repeats on the remaining Mondays in June and July except July 3. (Map #40) (M,PS,3.5) Leader: Janet Cohen (317-873-6586)
- 9:30 AM SLOW & EASY FROM BROAD RIPPLE PARK TO ARTSPARK Meet in the Family Center lot at Broad Ripple Park, 1550 Broad Ripple Ave. Options of 3, 4, and 5 miles. Repeats on June 26, July 10 and 24. (F,HS/PS/NS,2.5-3) Leader: Marsha Hutchins (317-251-9078, cell 317-439-1468)
- 6:00 PM BROAD RIPPLE See June 5.
- 6:00 PM EXPLORE FISHERS See June 5.
- 6:00 PM GREENWOOD PARK MALL See June 5.

Tuesday, June 13

- 9:00 AM AVON'S WASHINGTON TOWNSHIP COMMUNITY PARK From I-465 W go west on Rockville Rd (SR 36) for 8.2 miles. Watch for a brown sign on the right side of the road indicating the entrance to the park. Turn left (south) on CR 575 and go a short distance. Turn left into the park and park in the parking lot. On this 6 mile hike we will see two ponds, a fountain and a haunted bridge. (M,NS,3) Leader: Pat Lawler (317-329-2779 or 317-652-2779 cell)
- 9:00 AM GEIST ON FALL CREEK Meet in the parking lot of Mama Bears Café at the northwest corner of Brooks School Rd and Fall Creek Pkwy in Fishers. This will be a 6-mile moderate pace hike through scenic neighborhoods. Repeats on July 11. (F,NS/PS,3-3.5) Leader: Elaine Wright (317-753-5516)
- 9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See June 6.
- 9:30 AM MERIDIAN WOODS AND TRAILS See June 6.
- 6:00 PM MEET AT UNIVERSITY PARK See June 6.

Wednesday, June 14**Flag Day**

- 8:00 AM CASTLETON MALL WALK See June 7.
- 9:00 AM BRISK WALK IN THE WOODS See June 7.
- 9:00 AM AMPHITHEATER ROAD HIKE See June 7.
- 9:15 AM SOUTHPORT PARK See June 7.
- 9:30 AM SLOW AND EASY ON THE CULTURAL TRAIL See June 7.
- 10:00 AM MEADOWLARK PARK, CARMEL From US 31 in Carmel go east on W Main St past Guilford Rd to Meadow Lane. Turn left and go north to the park located at 450 Meadow Lane and meet just inside the park entrance. This 5 mile hike will include this beautiful 17 acre park, a small lake and a walk on various Carmel paths. Join us for an optional lunch at IU Hospital North. Hike repeats on June 21, 28 and July 5. (F,PS,3.25) Leader: Rena Elsner (317-853-6834) and Don Hayes (317-694-1385)
- 4:30 PM EXPLORE ZIONSVILLE See June 7.
- 6:00 PM DOWNTOWN EVENING HIKE See June 7.
- 6:00 PM GREENWOOD PARK MALL See June 7.

Thursday, June 15

- 9:00 AM FALL CREEK TRAIL See June 1.
- 9:30 AM EASY (AND NOT SO EASY) AT EAGLE CREEK See June 1.
- 6:00 PM FORT HARRISON/LAWRENCE See June 1.

Multi Day Trip: Thursday, June 15 – Sunday, June 18

GETTYSBURG Come and retrace America's most famous battle, on foot as it was actually fought. See April/May schedule for hotel recommendation or contact the leader. Hikes are planned for Friday and Saturday. Thursday and Sunday are considered travel days, although there is so much to see and do in the area you might consider staying an extra day. Gettysburg is located in southeast PA, about 580 miles or 9.5 hours by car from Indianapolis. Take I-70 east through Ohio (take I-270 south around Columbus). Shortly after entering PA, at Washington take I-79 south to West Virginia. At Morgantown WV take I-68 east into Maryland. I-68 merges with and becomes I-70 heading east. At Fredrick MD exit onto US 15 north. Gettysburg is about 30 miles north on US 15. Shortly after entering PA, take US 15 Business which splits off from US 15. Upon entering

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Gettysburg, US 15 Business becomes Steinwehr Ave. After driving across the battlefield and just as you enter the town, the Quality Inn Gettysburg Battlefield, 380 Steinwehr Ave (recommended hotel) will be on your right. If you arrive by 4 PM on Thursday we suggest you visit the excellent Gettysburg Visitors Center at 1195 Baltimore Pike (Rt. 97). It is open until 6:00 PM.

Friday and Saturday hikes will start in front of the Quality Inn at 9:00 AM. There is no fee to hike the battlefield. Friday morning's 7-mile hike (several shorter options) will cover all of the 1st day's battle and will end around noon at the Gettysburg town square, where you will be able to buy lunch. It is only 1/3 mile back to the hotel if you decide to skip the afternoon hike. After a one-hour lunch break we will hike 4 miles to Culp's Hill and Cemetery Hill, which saw major fighting on the battle's 2nd and 3rd days. Friday's hike will end in the national cemetery with a reading of Lincoln's Gettysburg Address. It is just a short walk back to the hotel. Saturday's hike will cover about 11 miles with several considerably shorter options. It will include a lunch stop on Little Round Top, so pack your lunch or snacks and bring plenty of water since it may be warm. The hike will include Devils Den, Little Round Top, the Peach Orchard and the Wheat Field. We will finish by retracing Pickett's charge to the high point of the Confederacy. All hikes will be a moderate 3-3.5 MPH mostly on paved roads with just a few hills and ongoing commentary at points of interest. Contact the leader if you have any questions. Leader: Ed Wright (ewright@indyhike.org or 317-219-5536, 317-371-2485 cell)

Friday, June 16

- 8:00 AM CASTLETON MALL WALK See June 2.
- 8:00 AM EARLY BIRD IN ZIONSVILLE See June 2.
- 9:00 AM TGIF! See June 2.
- 9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See June 2.
- 6:00 PM BUTLER CAMPUS AND NEARBY NEIGHBORHOODS See June 2.

Saturday, June 17

- 7:30 AM RISE AND SHINE See June 3.
- 8:00 AM WESTSIDE PARK, GREENWOOD See June 3.
- 9:00 AM PENNSY TRAIL See June 3.
- 9:30 AM MARY GRAY BIRD SANCTUARY I Go to Rushville your preferred way. In Rushville at town square, go east on SR 44 about 11 miles (watch for large grain bins) to CR 525W. Turn right and go to the "T". Turn left and go to the first road on the right (Bird Sanctuary Road). Turn right and go a few miles to where the road makes a sharp turn to the left; the entrance to Mary Gray is on the right. Watch closely for the entrance. Meet in parking area on your right across from the "Red Barn". Hike will be 5-6 miles with shorter options. Bring a picnic lunch and join us for the afternoon hike. (M,NS,2-2.5) Leader: Mary Ann Layman (317-346-1802 home, 317-412-5190 cell - Note cell service is not good at the Sanctuary)
- 10:00 AM TEN AT TEN See June 3.
- 1:00 PM MARY GRAY BIRD SANCTUARY II Follow the directions to the morning hike and meet in same parking area for a 5-7 mile hike. (M,NS,2-2.5) Leader: Mary Ann Layman (317-346-1802 home, 317-412- 5190 cell)

Sunday, June 18

Father's Day

- 9:00 AM WALK AND WORSHIP See June 4.
- 9:00 AM BROAD RIPPLE See June 4.
- 2:00 PM DOWNTOWN, OLD NORTHSIDE AND ENGLISH IVY'S Meet in the parking lot behind English Ivy's, 944 N. Alabama St, for a 5 mi hike. Afterwards, plan to eat at English Ivy's. (F,PS,3) Leader: Jean Ballinger (317-696-2120)

Monday, June 19

- 9:00 AM LET'S EXPLORE BROAD RIPPLE See June 5.
- 9:00 AM CLEAR THE COBWEBS See June 12.

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- 9:30 AM SLOW & EASY AT CROWN HILL CEMETERY See June 5.
6:00 PM BROAD RIPPLE See June 5.
6:00 PM EXPLORE FISHERS See June 5.
6:00 PM GREENWOOD PARK MALL See June 5.

Tuesday, June 20

- 9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See June 6.
9:30 AM MERIDIAN WOODS AND TRAILS See June 6.
1:30 PM BOOK CLUB HIKE This month we will discuss *The Lake House* by Kate Morton. This mystery is set in Cornwall, England. Note: the recent Sandra Bullock movie is not based on this book. Meet at Katy & Phil Smith's house - check your directory or call for information. You do not have to read the book to attend the hike. Hike options of 3, 4, 5 and 6 miles are available. After the hike we will discuss the book over tea and biscuits. (F,PS) Leader: Katy Smith (317-966-8702)
6:00 PM HOME COMING IN UNIVERSITY PARK See June 6.

Wednesday, June 21 *First Day of Summer*

- 8:00 AM CASTLETON MALL WALK See June 7.
9:00 AM BRISK WALK IN THE WOODS See June 7.
9:00 AM AMPHITHEATER ROAD HIKE See June 7.
9:15 AM SOUTHPORT PARK See June 7.
9:30 AM SLOW AND EASY ON THE CULTURAL TRAIL See June 7.
10:00 AM MEADOWLARK PARK, CARMEL See June 14.
4:30 PM EXPLORE ZIONSVILLE See June 7.
6:00 PM DOWNTOWN EVENING HIKE See June 7.
6:00 PM GREENWOOD PARK MALL See June 7.

Thursday, June 22

- 9:00 AM FALL CREEK TRAIL See June 1.
9:30 AM TURKISH AND DOWNTOWN Meet in front of Bosphorus Cafe, 935 S East St for a 5-6 mile hike. There is plenty of parking on Buchanan St which is on the south side of Bosphorus and on East St in front of Bosphorus. Afterwards, plan to eat at Bosphorus. (F,PS,3) Leader: Jean Ballinger (317-696-2120)
9:30 AM EASY (AND NOT SO EASY) AT EAGLE CREEK See June 1.
6:00 PM FORT HARRISON/LAWRENCE See June 1.

Friday, June 23

- 8:00 AM CASTLETON MALL WALK See June 2.
8:00 AM EARLY BIRD IN ZIONSVILLE See June 2.
9:00 AM PATE HOLLOW This will be a 7-mile hike on a loop trail behind the Paynetown State Recreation Office. Allow 1 1/2 hours from I-465 S. Take SR 37 south to Bloomington. Go east on SR 46 to SR 446. Turn right (south) on SR 446 and go approximately 6 miles. The headquarters is on the right (west) side of SR 446. Bring snacks and water. Hike repeats July 21. (M,NS,2.5) Leader: Edeltraud Evans (812- 322-3972 cell)
9:00 AM TGIF! See June 2.
9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See June 2.
6:00 PM BUTLER CAMPUS AND NEARBY NEIGHBORHOODS See June 2.

Saturday, June 24

- 7:30 AM RISE AND SHINE See June 3.
8:00 AM WESTSIDE PARK, GREENWOOD See June 3.
9:00 AM BROWN COUNTY STATE PARK, SCOONER TRACE ON STEROIDS On this 16 mile hike, we will hike the beautiful and challenging Scooner Trace Bike trail twice! We will meet at the Rally Campground parking lot and hike approx. 8 miles to our lunch spot then retrace our steps and return to our cars. For those who wish, they can make this a shorter 10 mile hike by returning to the

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parking lot after lunch. Please bring plenty of water, salty snacks and lunch as it's likely to be hot/humid and we will be hiking at a brisk pace. From I-465 take I-65 south to Columbus exit and SR 46 west to Brown County State Park (fee). After entering the park follow signs to the campground. Turn right when you see the sign for the Campground registration. On your immediate right and just before you go into the campground gates is the parking lot for Rally campground and Ogle Hollow Nature Preserve. (M,N,3) Leader: Mick Parker (317-430-5523)

9:00 AM PENNSY TRAIL See June 3.

10:00 AM TEN AT TEN See June 3.

10:00 AM CLIFTON GORGE & JOHN BRYON STATE PARK Allow 2½ hours from I-465 E (130 miles). Take I-70 east to SR 72 (Exit 54) in Ohio. Go south (right) on SR 72 to Clifton. Turn right at the mill on Water St. Go to curve at end of street and meet in Park parking lot. This is a 6-8 mile woods hike along the Little Miami River. Listen to rushing water in western Ohio's most scenic state park. After the hike, tour, shop and eat lunch at an operational gristmill. You can check out the mill and view the menu at www.CliftonMill.com. (M,HS,3) Leader: David Kincaid (317-787-6593 and 317-864-9574 cell)

10:00 AM INDIANA SRA HIKE – RACCOON SRA (CECIL B. HARDEN LAKE) The U.S. Army Corps of Engineers constructed Harden Lake and the park opened in 1960. The main functions of the lake are to control flooding and provide recreation and resource management. There will be two hike options today. A 6-mile hike will be on mostly moderate but also sections of trail marked rugged. Hikers will see mature forest, scenic overlooks of the 2,060-acre lake, sandstone cliffs and the 1800's Payne Cemetery. The 3-mile hike option will be on a paved trail and include a walk down to the Raccoon Ramp and back. Meet in the Fish Cleaning Station parking lot across from the beach. From I-465 W, travel west about 45 miles on US 36 (Rockville Rd) to the property entrance, 1588 S Raccoon Pkwy, Rockville (fee). Hiking boots and poles suggested. Bring water and optional snack. There will be a restroom stop in the campground half way through the long hike. (M,NS/PS,2.5-2.75) Leader: Terry Roesch (317-910-2943-cell)

Sunday, June 25

9:00 AM WALK AND WORSHIP See June 4.

9:00 AM BROAD RIPPLE See June 4.

Monday, June 26

8:30 AM LAKE CLEARWATER Meet in the northeast corner of the Super Wal-Mart parking lot to the left of the Garden Center at the intersection of 74th St and Keystone Ave. On this six mile hike we will walk around two lakes. The first half of the hike we will do as a group. After an optional restroom break the second half will be at your own pace. (Map #43) (F,PS,3-3.5) Leader: Ed Wright (317-219-5536)

9:00 AM CLEAR THE COBWEBS See June 12.

9:30 AM SLOW & EASY FROM BROAD RIPPLE PARK TO ARTSPARK See June 12.

6:00 PM BROAD RIPPLE See June 5.

6:00 PM EXPLORE FISHERS See June 5.

6:00 PM GREENWOOD PARK MALL See June 5.

Tuesday, June 27

9:00 AM PENDLETON FALLS From I-465 N, go north on I-69 about 18 miles to the Pendleton exit. Turn right onto SR 38 and travel through Pendleton to the 2nd stoplight. Turn right and park behind the bank building (not in the bank parking lot) in the main part of town. We will hike around historic Pendleton for 6 miles, including Pendleton Falls Park. After the hike join us for lunch at one of Pendleton's restaurants. (F,PS/NS,3-3.5) Leader: Elaine Wright (317-753-5516)

9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See June 6.

9:30 AM MERIDIAN WOODS AND TRAILS See June 6.

6:00 PM HOMECOMING IN UNIVERSITY PARK See June 6.

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Wednesday, June 28

- 8:00 AM CASTLETON MALL WALK See June 7.
9:00 AM BRISK WALK IN THE WOODS See June 7.
9:00 AM AMPHITHEATER ROAD HIKE See June 7.
9:15 AM SOUTHPORT PARK See June 7.
9:30 AM SLOW AND EASY ON THE CULTURAL TRAIL See June 7.
10:00 AM MEADOWLARK PARK, CARMEL See June 14.
4:30 PM EXPLORE ZIONSVILLE See June 7.
6:00 PM DOWNTOWN EVENING HIKE See June 7.
6:00 PM GREENWOOD PARK MALL See June 7.

Thursday, June 29

- 9:00 AM FALL CREEK TRAIL See June 1.
9:30 AM EASY (AND NOT SO EASY) AT EAGLE CREEK See June 1.
6:00 PM FORT HARRISON/LAWRENCE See June 1.

Friday, June 30

- 8:00 AM CASTLETON MALL WALK See June 2.
8:00 AM EARLY BIRD IN ZIONSVILLE See June 2.
9:00 AM TGIF! See June 2.
9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See June 2.
6:00 PM BUTLER CAMPUS AND NEARBY NEIGHBORHOODS See June 2.

Saturday, July 1

- 7:30 AM RISE AND SHINE See June 3.
8:00 AM WESTSIDE PARK, GREENWOOD See June 3.
9:00 AM PENNSY TRAIL See June 3.
10:00 AM TEN AT TEN See June 3.
10:00 AM WHITEWATER MEMORIAL STATE PARK Allow about 2 hrs from I-465 E (84 miles). Take I-70 east to Richmond, exit 151. Go south on SR 27 to Liberty. Continue south on SR 101 a couple of miles to park entrance on right. Follow park road toward boat rental across dam. There is a parking area just across the dam but go another half mile to parking area with restroom and picnic table. Bring a picnic lunch. Hike is 7 miles with shorter options. We will do a 3-mile loop, eat lunch, and then do a 4-mile loop with an option of 2 additional miles. (F,HS,3) Leader: David Kincaid ((317-787-6593 and 317-864-9574-cell)

Sunday, July 2

- 9:00 AM WALK AND WORSHIP See June 4.
9:00 AM BROAD RIPPLE See June 4.

Monday, July 3

- 9:00 AM LET'S EXPLORE BROAD RIPPLE See June 5.
9:00 AM MORNING CONSTITUTIONAL See June 5.
9:30 AM SLOW & EASY AT CROWN HILL CEMETERY See June 5.
6:00 PM BROAD RIPPLE Meet in free parking lot that is ½ block south of Broad Ripple Ave on Carrollton Ave for a hike of 5-6 miles. (Map #16) (F,PS/NS,3-3.5) Leader: Kae Ramey (317-701-5805)
6:00 PM EXPLORE FISHERS See June 5.
6:00 PM GREENWOOD PARK MALL See June 5.

Tuesday, July 4 *Independence Day*

- 9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See June 6.
9:30 AM MERIDIAN WOODS AND TRAILS See June 6.

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6:00 PM BAXTER YMCA & PERRY PARK Meet at Baxter YMCA on Shelby St at Stop 11 Rd (south entrance). This is right off US 31 on Indy's south side. This is a neighborhood hike of 5 miles. Hike repeats each Tuesday in July. (F,PS,3) Leader: David Kincaid (317-787-6593, 317-864-9574 cell)

Wednesday, July 5

8:00 AM CASTLETON MALL WALK See June 7.
9:00 AM BRISK WALK IN THE WOODS See June 7.
9:00 AM AMPHITHEATER ROAD HIKE See June 7.
9:15 AM SOUTHPORT PARK See June 7.
9:30 AM SLOW AND EASY ON THE CULTURAL TRAIL See June 7.
10:00 AM MEADOWLARK PARK, CARMEL See June 14.
4:30 PM EXPLORE ZIONSVILLE See June 7.
6:00 PM DOWNTOWN EVENING HIKE See June 7.
6:00 PM GREENWOOD PARK MALL See June 7.

Thursday, July 6

9:00 AM FALL CREEK TRAIL See June 1.
9:30 AM EASY (AND NOT SO EASY) AT EAGLE CREEK See June 1.
6:00 PM FORT HARRISON/LAWRENCE See June 1.

Friday, July 7

8:00 AM CASTLETON MALL WALK See June 2.
8:00 AM EARLY BIRD IN ZIONSVILLE See June 2.
9:00 AM BROWN COUNTY STATE PARK See June 2.
9:00 AM TGIF! See June 2.
9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See June 2.
6:00 PM BUTLER CAMPUS AND NEARBY NEIGHBORHOODS See June 2.

Saturday, July 8

7:30 AM RISE AND SHINE See June 3.
8:00 AM WESTSIDE PARK, GREENWOOD See June 3.
9:00 AM PENNSY TRAIL See June 3.
9:00 AM DEAM WILDERNESS - SYCAMORE LOOP AND AXIOM LOOP On this 11-13 mile hike, we will combine two scenic loops in the Deam Wilderness for a brisk hike. We will meet in the Grubb Ridge trailhead parking lot (located on both the right and left sides of Tower Ridge Rd). Please bring plenty of water, lunch and salty snacks and be prepared for a brisk pace and hot/humid weather. From I-465 take I-65 south to Columbus exit and SR 46 West to Nashville then towards Bloomington. At the SR 46/446 intersection turn left on SR 446 towards Lake Monroe and continue for 12 miles to Tower Ridge Rd (the entrance to Deam Wilderness). Turn left and go 4.4 miles to Grubb Ridge trailhead. (M,N,3) Leader: Mick Parker (317-430-5523)
10:00 AM TEN AT TEN See June 3.
12:00 PM DOWNTOWN AND GROOVIN IN THE GARDEN Meet in the parking lot across the street from Easley Winery, 205 N. College Ave for a 5 mi hike. Afterwards, enjoy Groovin in the Garden at Easley Winery, featuring a free live concert by local musical talent paired with great wine. Groovin in the Garden is scheduled from 2-5 PM. The group playing today is called 3 to 1 (rock/blues/reggae). You can bring snacks and a chair for Groovin in the Garden. (F,PS,3) Leader: Jean Ballinger (317-696-2120)

Sunday, July 9

8:30 AM WALK THE WILD SIDE This will be an 8 mile hike on the more rustic and rugged west side of Eagle Creek Park. Follow 56th St west past the entrance to Eagle Creek Park and across the causeway over the reservoir. Take first right after the causeway into the parking lot beside the large iron sculpture of a bear (no fee). Trail shoes and a pole are recommended and make sure to bring water. (M,NS,2.5) Leader: Ed Wright (317-219-5536)

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9:00 AM WALK AND WORSHIP See June 4.

9:00 AM BROAD RIPPLE See June 4.

Monday, July 10

8:30 AM FLOWING WELL PARK We will hike 7-8 miles with a 4 mile option through nice neighborhoods and parks, starting from Flowing Well Park in Carmel. From I-465 N take Keystone Ave north to 116th St and go right (east) for 1.7 miles. Flowing Well Park is on the left and there is a street on the right called Creekside Lane. Note, if you are coming from the east on 116th allow extra time since you may have to detour around the intersection of Hazel Dell and 116th St due to construction of a roundabout. Make sure to bring water. (F,PS,3.5) Leader: Ed Wright (317-219-5536)

9:00 AM CLEAR THE COBWEBS See June 12.

9:30 AM SLOW & EASY FROM BROAD RIPPLE PARK TO ARTSPARK See June 12.

6:00 PM BROAD RIPPLE See June 5.

6:00 PM EXPLORE FISHERS See June 5.

6:00 PM GREENWOOD PARK MALL See June 5.

Tuesday, July 11

9:00 AM KRANNERT PARK AND NEARBY NEIGHBORHOODS On this 6 mile hike we will walk around the pond and through Krannert Park and then hike in the nearby neighborhood. Krannert Park is at 605 S. High School Rd. From I-465 W take the W. Washington St. exit heading west. Immediately turn right at the first stop light, which is High School Rd. Go .6 mile and Krannert is on your right. Park in the lot in front of the building. (F,NS,3) Leader: Pat Lawler (317-652-2779 cell, 317-329-2779)

9:00 AM GEIST ON FALL CREEK See June 13.

9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See June 6.

9:30 AM MERIDIAN WOODS AND TRAILS See June 6.

6:00 PM BAXTER YMCA & PERRY PARK See July 4.

Wednesday, July 12

8:00 AM CASTLETON MALL WALK See June 7.

9:00 AM BRISK WALK IN THE WOODS See June 7.

9:00 AM AMPHITHEATER ROAD HIKE See June 7.

9:15 AM SOUTHPORT PARK See June 7.

9:30 AM SLOW AND EASY ON THE CULTURAL TRAIL See June 7.

4:30 PM EXPLORE ZIONSVILLE See June 7.

6:00 PM DOWNTOWN EVENING HIKE See June 7.

6:00 PM GREENWOOD PARK MALL See June 7.

Thursday, July 13

9:00 AM FALL CREEK TRAIL See June 1.

9:30 AM EASY (AND NOT SO EASY) AT EAGLE CREEK See June 1.

6:00 PM FORT HARRISON/LAWRENCE See June 1.

Friday, July 14

8:00 AM CASTLETON MALL WALK See June 2.

8:00 AM EARLY BIRD IN ZIONSVILLE See June 2.

9:00 AM TGIF! See June 2.

9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See June 2.

6:00 PM BUTLER CAMPUS AND NEARBY NEIGHBORHOODS See June 2.

Saturday, July 15

7:30 AM RISE AND SHINE See June 3.

8:00 AM WESTSIDE PARK, GREENWOOD See June 3.

8:00 AM OLDENBURG FREUDENFEST 10K WANDERUNG Wear your lederhosen and alpine hat and join us for this fun annual Club tradition. Oldenburg's Freudenfest has been described as "the biggest

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little German festival in Indiana,” Take I-74 southeast to Exit 149 (SR 229 - Batesville) and turn north driving 2.6 miles to Oldenburg. Park your car at any legal location on the streets and proceed to the Town Hall where the Wanderung will start. Course will be open from 7-11 a.m. This is a self-guided loop hike of 6 or 12 miles (twice around). I plan to be there at 8:00 a.m. with the sign-up sheet, which I will leave at the start area until 11 a.m. for those coming earlier or later. The walk is free, however contributions to the Wanderung are appreciated. After the hike, enjoy the German food, music and festivities of the Freudenfest. Festival starts Friday evening. (M,NS/PS) Leader: Mary Ann Layman (317-346-1802, 317-412-5190 cell)

- 9:00 AM WOODLAND AND PRAIRE NATURE HIKE Meet at 100 Acres Art and Nature Park of the Indianapolis Museum of Art. From Michigan Rd and 38th St, go west on 38th St, past the main entrance to the IMA. When you see a large sign for the White River Parkway and a small sign for 100 acres, turn right. Go around circle to the parking lot. The prairie should be in full bloom. During this 4 mi hike (2 mi option), we will look for Royal Catchfly, Rattlesnake Master, Compass Plant, Queen of the Prairie and Big Bluestem. In the woodland, we will ID trees, walk past the labyrinth made of native grasses and see whether any eagles have nested in the structure the IMA built for them. Bring water and insect repellent. (F,NS/PS,2.5) Leader: Wilma Bailey (317-293-0051)
- 9:00 AM PENNSY TRAIL See June 3.
- 10:00 AM TEN AT TEN See June 3.

Sunday, July 16

- 9:00 AM WALK AND WORSHIP See June 4.
- 9:00 AM BROAD RIPPLE See June 4.

Monday, July 17

- 9:00 AM LET'S EXPLORE BROAD RIPPLE See June 5.
- 9:00 AM CLEAR THE COBWEBS See June 12.
- 9:30 AM SLOW & EASY AT CROWN HILL CEMETERY See June 5.
- 6:00 PM BROAD RIPPLE See June 5.
- 6:00 PM EXPLORE FISHERS See June 5.
- 6:00 PM GREENWOOD PARK MALL See June 5.

Tuesday, July 18

- 9:00 AM BOOK CLUB HIKE Read *The Girls of Atomic City* by Denise Kiernan. You are welcome to join the hike even if you have not read the book. Meet in the free parking lot at the 100 Acres Art and Nature Park. From 38th St, take the exit to N. White River Pkwy East Dr, which is the first turn west of the entrance to the Indianapolis Museum of Art. If you are coming east on 38th St, turn left into the IMA parking lot, drive around the circle drive and make a right turn on 38th St as you exit the IMA lot. Restrooms are available. The hike will be 5-6 miles in the 100 Acres park and along the Central Canal Towpath. Afterwards we'll have the book discussion at the Visitor's Building in the 100 Acre Woods. (F,NS/HS,2.75-3.25) Leader: Marti Burton (317-306-9878).
- 9:00 AM CHAPEL GLEN NEIGHBORHOOD Meet in the lower parking lot on the south side of Chapel Glen Elementary School; 701 Landsdowne Rd for a 5-6 mile hike in and around the adjoining neighborhood. From I-465 W take 10th St west about 3.2 miles to Landsdowne Rd (not far past Country Club Rd). Turn south (left) on Landsdowne and go several blocks to Chapel Glen School on your left. (F,PS,3) Leader: Pat Lawler (317-329-2779, 317-652-2779 cell)
- 9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See June 6.
- 9:30 AM MERIDIAN WOODS AND TRAILS See June 6.
- 6:00 PM BAXTER YMCA & PERRY PARK See July 4.

Wednesday, July 19

- 8:00 AM CASTLETON MALL WALK See June 7.
- 9:00 AM BRISK WALK IN THE WOODS See June 7.
- 9:00 AM AMPHITHEATER ROAD HIKE See June 7.
- 9:15 AM SOUTHPORT PARK See June 7.

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- 9:30 AM SLOW AND EASY ON THE CULTURAL TRAIL See June 7.
4:30 PM EXPLORE ZIONSVILLE See June 7.
6:00 PM DOWNTOWN EVENING HIKE See June 7.
6:00 PM GREENWOOD PARK MALL See June 7.

Thursday, July 20

- 9:00 AM FALL CREEK TRAIL See June 1.
9:30 AM EASY (AND NOT SO EASY) AT EAGLE CREEK See June 1.
6:00 PM FORT HARRISON/LAWRENCE See June 1.

Friday, July 21

- 8:00 AM CASTLETON MALL WALK See June 2.
8:00 AM EARLY BIRD IN ZIONSVILLE See June 2.
9:00 AM PATE HOLLOW See June 23.
9:00 AM TGIF! See June 2.
9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See June 2.
6:00 PM BUTLER CAMPUS AND NEARBY NEIGHBORHOODS See June 2.

Saturday, July 22

- 7:30 AM RISE AND SHINE See June 3.
8:00 AM WESTSIDE PARK, GREENWOOD See June 3.
9:00 AM PENNSY TRAIL See June 3.
10:00 AM TEN AT TEN See June 3.

Sunday, July 23

- 9:00 AM WALK AND WORSHIP See June 4.
9:00 AM BROAD RIPPLE See June 4.

Monday, July 24

- 9:00 AM CLEAR THE COBWEBS See June 12.
9:30 AM SLOW & EASY FROM BROAD RIPPLE PARK TO ARTSPARK See June 12.
6:00 PM BROAD RIPPLE See June 5.
6:00 PM EXPLORE FISHERS See June 5.
6:00 PM GREENWOOD PARK MALL See June 5.

Tuesday, July 25

- 9:00AM CLERMONT NORTHSIDE We will explore Miller Park and the northern part of Clermont on this 6 mile hike. Meet at Clermont Lion's Club Park. From I-465 W take exit 16A (Crawfordsville Rd). Turn right and go to the fourth stop light which is Tansel Rd. Turn left and go .3 mi to the park on your left. (Map #44) (F,NS/PS,3) Leader: Pat Lawler (317-329-2779, 317-652-2779 cell)
9:00 AM CENTRAL PARK/MONON TRAIL IN CARMEL See June 6.
9:30 AM MERIDIAN WOODS AND TRAILS See June 6.
6:00 PM BAXTER YMCA & PERRY PARK See July 4.

Wednesday, July 26

- 8:00 AM CASTLETON MALL WALK See June 7.
9:00 AM BRISK WALK IN THE WOODS See June 7.
9:00 AM AMPHITHEATER ROAD HIKE See June 7.
9:15 AM SOUTHPORT PARK See June 7.
9:30 AM SLOW AND EASY ON THE CULTURAL TRAIL See June 7.
4:30 PM EXPLORE ZIONSVILLE See June 7.
6:00 PM DOWNTOWN EVENING HIKE See June 7.
6:00 PM GREENWOOD PARK MALL See June 7.

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Thursday, July 27

- 9:00 AM FALL CREEK TRAIL See June 1.
 9:30 AM EASY (AND NOT SO EASY) AT EAGLE CREEK See June 1.
 6:00 PM FORT HARRISON/LAWRENCE See June 1.

Friday, July 28

- 8:00 AM CASTLETON MALL WALK See June 2.
 8:00 AM EARLY BIRD IN ZIONSVILLE See June 2.
 9:00 AM TGIF! See June 2.
 9:30 AM GARFIELD PARK/PLEASANT RUN TRAIL See June 2.
 6:00 PM BUTLER CAMPUS AND NEARBY NEIGHBORHOODS See June 2.

Saturday, July 29***IHC Picnic***

- 7:30 AM RISE AND SHINE See June 3.
 8:00 AM WESTSIDE PARK, GREENWOOD See June 3.
 9:00 AM PENNSY TRAIL See June 3.
 10:00 AM TEN AT TEN See June 3.
 10:00 AM **ANNUAL SUMMER PICNIC** This event is for Club members and their invited guests at Eagle Creek Park in Shelter A. This year you will be able to enter Eagle Creek Park for free for the picnic. See the write-up on the first page of this schedule for specifics. Ed Wright will lead a moderate 5 mile hike and Harold Crooks will lead a slower 4 mile hike, starting at 10 AM from Shelter A. The picnic begins shortly after hikers return. Plan to arrive by noon if you are coming for the picnic and socializing. Bring a dish large enough to share with lots of people. Drinks and fried chicken will be provided but don't forget your place settings. Use coolers to protect food from the heat. Plan on staying after the picnic to visit with friends and/or play some euchre. Feel free to bring corn hole or other outdoor games. You may want to bring a lawn chair as well.

Similar to last year we will be collecting school supplies at the picnic for children in underserved areas. Many of these children are new immigrants and are being settled in Indianapolis. We need pencils, crayons, colored pens, glue and glue-sticks, rulers, folders and pens. In addition we would like to collect picture dictionaries to donate to Exodus, an organization that helps settle immigrant families and teaches parents and children English. Their focus is on integrating these families into the community. Thank you for your generosity. The Indianapolis Hiking Club really makes a difference in the lives of others. If you have questions about the picnic or suggested donations please contact our Social Chairperson Janet Cohen (317-873-6586) Leaders: Ed Wright (M,NS,3) (317-219-5536 or 317-371-2485-cell) and Harold Crooks (M,NS,2.5) (317-730-4850)

Sunday, July 30

- 9:00 AM WALK AND WORSHIP See June 4.
 9:00 AM BROAD RIPPLE See June 4.

Monday, July 31

- 8:30 AM INDY'S BEST KEPT SECRET This is a 7-mile trail hike in Town Run Trail Park a fun mountain biking trail along the White River. From I-465 N go north on Allisonville Rd. Turn left (west) on 96th St, get in the left lane and go about 0.3 miles. Just after you cross the bridge over the White River, take a sharp left into the park. The park entrance is easy to miss since the sign is often covered with foliage. If you reach Hazel Dell Pkwy you have gone too far. If the park gate is closed, it means the trail has flooded, in which case the hike will be moved to Starbucks at Hazel Dell Pkwy and Main St (131st St) in Carmel. (M,NS,3) Leader: Ed Wright (317-219-5536)
 9:00 AM CLEAR THE COBWEBS See June 12.
 6:00 PM BROAD RIPPLE Meet in free parking lot that is ½ block south of Broad Ripple Ave on Carrollton Ave for a hike of 5-6 miles. (Map #16) (F,PS/NS,3-3.5) Leader: Allan Roberts (317-549-6909)
 6:00 PM EXPLORE FISHERS See June 5.
 6:00 PM GREENWOOD PARK MALL See June 5.

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PREVIEW OF FUTURE HIKES AND EVENTS:

STARVED ROCK STATE PARK, IL – September 2-4 Join us at this lovely state park in Illinois for three days of hiking over Labor Day weekend. We last visited this park in September 2008. The park is one of Illinois most visited attractions and includes more than 2,700 acres with 18 major canyons and 13 miles of hiking trails. The park is best known for its fascinating rock formations.

The Starved Rock Lodge has a full service restaurant, café, swimming pool, whirlpool and sauna. Learn more about the park and lodge at www.starvedrocklodge.com. Be sure to view the video under the History section. We have reserved 10 hotel rooms, 10 lodge king rooms and 5 lodge double rooms so if you need a particular room type, make your reservations early. All rooms are non-smoking and require a two night stay - Saturday 9/3 and Sunday 9/4. Reservations can be made by calling 1-800-868-7625. Tell them you are making reservations in the IHC block of rooms. Make sure you request the senior discount if you are over 60, which is 10% off Saturday and 20% off Sunday's rates. Reservations must be guaranteed by a credit card for first night's lodging and there is a 72 hour cancellation policy. Following are the prices, not including taxes: Hotel Wing (newer) w/2 Queen Beds is \$145 for single/double occupancy; \$155 for triple occupancy and \$165 for 4 people on Saturday and \$120, \$130 and \$140 respectively for Sunday night. Lodge Wing King Bed is \$135 Saturday night and \$110 for Sunday night. Lodge Wing w/ 2 full beds is \$135 for single/double occupancy, \$145 triple and \$155 quad on Saturday and \$110, \$120, & \$130 respectively for Sunday night. Our block of rooms will be released August 1.

Hikes are planned for Saturday at 2:30 PM CDT (3:30 PM Indy time); Sunday 9:30 AM and Monday 9:00 AM. We could also do a Sunday afternoon hike at nearby Matthiessen SP if there is interest. Check out is 11:00 CDT so Monday's hike will be the shortest hike. Mary Ann Layman is coordinating this event. Contact her at malayman@earthlink.net or 317-346-1802 home or 317-412-5190 cell for further information.

GENERAL ASSEMBLY AND ELECTION OF OFFICERS – Friday, September 15

CHRISTMAS PARTY – December 3 Always a fun and well attended event, reserve the date for this year's Christmas party on Sunday afternoon. Same location in southeast Indy as the last few years.

PHILADELPHIA, PA - March 7-9, 2018 This trip is being planned in conjunction with the Philadelphia Flower Show which runs March 3-11. Join us for three days of hiking; two days at downtown Philadelphia sites and possibly one day hiking at Valley Forge. A block of twenty rooms have been reserved at the Residence Inn Marriott Center City, One East Penn Square, Philadelphia 19107. They are all studio suites: 1 queen bed + 1 sofa bed, kitchenette, breakfast is included. The rate is \$169 p/day plus tax. Valet parking fee is \$53.90 p/day. Another option is ABM Parking (parking lot is behind hotel) - \$36 p/day, located at 1301 Market St, Philadelphia 19107. For those people making their own lodging, there are many options. Most hikes will begin at the Residence Inn Marriott which is located near a metro station. If you do make your own lodging, keep in mind that hotels are filling up quickly due to the flower show. Guests may call 800-331-3131 and reference the Indianapolis Hiking Club Room Block at the Philadelphia Center City Residence Inn by Marriott to make their reservations at the group rate. They may also book directly online with the link below: Book your group rate for Indianapolis Hiking Club. Please note that if your guests are looking to book their reservations online, if they attempt to make their reservation to check in prior to March 7th or if they choose to stay beyond March 10th, the system will respond that there are no rooms available. Leaders: Stephen Tarr (317-733-1622) and Susan Sievers (317-513-5239)

PLEASE WELCOME THE FOLLOWING NEW MEMBERS:

Marilyn Bohman	Indianapolis, IN	Gabrielle Bovenzi	Indianapolis, IN
Ron Elkins	Indianapolis, IN	Sheila Robertson	Fishers, IN
Susan St. Angelo	Indianapolis, IN	Kathleen Stephens	Nashville, IN

RECENT MILEAGE AWARDS:

Glee Crowder	39,500	Richard Evans	5,000	Konnie Schlechte	300
Rick Kinnaman	28,500	Katy Smith	5,000	Frank Povinelli	300
Cherie Voege	24,500	Phil Smith	4,500	Barb Miller	300
David Kincaid	22,500	Anthony Uliana	4,000	Allen Wilson	300

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Ed Wright	20,000	Bob Kriz	3,500	John Schlechte	300
Tish Brafford	18,500	Mervyn Cohen	2,500	Vicki Dietz	200
Mary Lang	14,000	Marty Johnson	2,500	Denise Craig	200
Martin Dadel	11,500	Marilyn Bradley	2,000	Michelle Bowen	200
Kae Ramey	9,000	Theresa Ray	1,500	Connie Hollar	200
Don Hayes	6,500	Anita Pearson	1,000	Barb West	100
Linda Wright	6,500	Ned Lewis	500	Debra Rosing	100
Lee Kestle	6,000	Barb Clisham	500	Judie Hansen	100
Terry Roesch	6,000	Russ Himes	400	Jenny Miltz	100
Edeltraud Evans	5,000	Lori Showley	400		

MEMBER NEWS: We extend our sympathy to the family and many friends of ...

Former IHC member, Bud Shipman, 92 years old who passed away on March 14.

Thirty-six year member Karleen Huneck, who passed away in late March after a long battle with cancer. A memorial hike for Karleen is scheduled on June 10.

Libby Moore who died on April 7. She was a member for 46 years, almost a half a century.

NOTE OF APPRECIATION: Thanks for all the encouragement offered before, during and after the One Day Hike (62 miles) on April 30. I certainly appreciated it, especially during that last grueling mile up the hill! *Rita Bymaster*

WANT MORE INFORMATION? For more information about our Club, including history, past hike schedules, how to join, contacts, etc. please visit our website at www.indyhike.org or contact our Membership Officer Barb Strite, 234 N Raceway Rd, Indianapolis, IN 46234 (317-271-7263, brstrite@att.net). To become a member you must be 18 years old and have hiked with us at least twice as a guest. A Membership Application may be printed from the "forms" page on the website or ask Barb to send you one. You do not have to be invited to hike with us and there is no fee. Simply show up for any hike 10 minutes before the scheduled start time (we start on time), but please no pets unless the hike is designated as a "pet" hike.

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